



etb

Bord Oideachais agus
Oiliúna Dhún na nGall
Donegal Education and
Training Board

2021
QUARTER 4

Alcohol & other Drugs

Education & Training
North West Region

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Northwest Regional
Drug & Alcohol Task Force



Welcome

To the AOD Education & Training Plan Quarter 4 2021. The training has been completely redesigned, redeveloped and adjusted with a teaching and learning approach for online under the current circumstances. Most of the training is free of charge; however there is a fee for a couple of the courses. Over 1300 people have participated in the sessions to date. Quality and well evidenced informed material is utilised to ensure many disciplines are catered for, the sessions are academically informed and are set to equip you with the knowledge and skills you need in this area to enhance your work.

Your Trainer



Christina McEleney is an educational specialist in the field of alcohol & other drugs; teaching in the field for over 13 years, she is lecturer and academic course writer to Master of Science level. Christina is also life, career & organisational coach and a workplace wellbeing professional. Employed by Donegal Education and Training Board her programme of education & training is funded by the North West Regional Drug & Alcohol Task Force. Within the project she works in partnership with the Alcohol Forum, HSE and the National Addiction Training Programme.

Tailored Training for your group/workplace

Would you like to have training/information session designed and delivered specifically for your workforce /organisation ?
call or email

Christina M.McEleney



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Alcohol & Other Drugs Education & Training NW region

Schedule

September

QQi Level 5 Community Addiction studies
Cocaine
Online Drugs

October

QQi Level 5 Community Addiction studies
Motivational Interviewing (introduction)

November

QQi Level 5 Community Addiction studies
SAOR: Screening & Brief Interventions
Hidden Harm

December

QQi Level 5 Community Addiction studies
Cannabis
Synthetic Cannabis

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8.

QQi Level 5

Community Addiction Studies

October 2021

Course Fee : €350

Wednesday evenings 6-9pm

Starts 6th October 2021 - Ends 9th March 2022

This course provides an excellent grounding in alcohol and other drug studies. It's a fundamental knowledge base for working in the field of alcohol and other drugs or coming into contact with alcohol & other drug issues .

The course curriculum covers

- Theories of addiction
- The family & and the impact of problem substance use
- The media and addiction
- Brief psychosocial interventions
- Gambling addiction
- Drug types & effects
- New Psychoactive Substances
- Hidden Harm / Trauma

BLENDED LEARNING

This theoretical and skills based training has been redeveloped in its delivery method to a blend of online training, self directed learning and in person skills practice . Students will need access to a computer and internet / broadband in order to participate in the online classes.. Students will need to be proficient in the use of Microsoft word in order to complete assignments. A minimum of two years in recovery from addiction is recommended for individuals that have experienced addiction.

MODE OF ATTENDANCE

This course is reconstructed for online delivery. Where Covid-19 levels permit there may be a specific in person class at some point; in the main this will be online. Students will receive one to one support.

LINK TO REGISTER

<https://forms.gle/SvHzXHnme1rCeKuk8>

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3.

The Risks with Cocaine

Free of charge
1 hr

Ireland ranks the fourth highest country in the EU for cocaine use among young adults. The use of cocaine has been on the increase in the last couple of years. In light of the increase in the use of cocaine and the increase in cocaine related deaths, this educational session will provide solid knowledge base on cocaine.

Certificate of attendance.

THURS 16TH SEPTEMBER | 1 hr | 2.30-3.30pm | online

LINK TO REGISTER:

<https://my.demio.com/ref/6mMFLWPuK6kkwhwD>

Online Drugs

Free of charge
1 hr

A comprehensive introduction to emerging chemical compounds, with over 800 new psychoactive substances currently monitored in the EU these online drugs pose considerable risks. These classes of drugs is ever expanding their volatility and their infiltration of the drug markets is set to continue in an upward spiral.

Certificate of Attendance

Thursday 23rd September | 1 hr | 2.30-3.30pm | online

LINK TO REGISTER:

<https://my.demio.com/ref/ylmocDyjDtLlabRT>

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6.

Motivational Interviewing (MI) helping people change -(introduction)

Fee €100

Max No participants 16

Motivational Interviewing (MI) is an evidenced-based psychosocial intervention for health behaviour change. It's a method of facilitating and engaging with people to evoke their natural intrinsic motivation. MI is a goal-oriented, client-centred approach for eliciting and strengthening a persons own motivation for health behaviour change. MI is an exceptionally useful approach across a range of disciplines who work with and help clients in their change process. MI is strongly evidenced as an effective method of intervention with clients that experience alcohol & other drug issues.

BLENDED LEARNING

This theoretical and skills based training has been redeveloped in its delivery method to a blend of online training and one 'in-person' skills practice based session at the end. However, should restrictions still be in place the skills demonstration session will occur online. Students will be required to engage in self-directed learning. Where there is not opportunity for "in-person" practice the course will be delivered fully online.

Certificate of attendance.

MODE OF ATTENDANCE

Friday 1st October | 10 am -1 pm online

Friday 8th October | 10 am -1 pm online

Friday 15th October | 10 am- 1pm in person skills practice

IMPORTANT NOTE:

The in-person skills practice is subject is subject to Covid-19 situation at that time and may be online.

Certificate of attendance.

LINK TO REGISTER

<https://forms.gle/DjxurNxjsDeLkvk8A>

SAOR 2: Screening & Brief Interventions for problem alcohol & substance use.

HSE national model for training in Screening and Brief Intervention for Alcohol and Substance Use.

Free of charge

SAOR Screening and Brief Intervention for Problem Alcohol and Substance Use is a step-by-step guide for practice developed in response to problem alcohol and other drug use. The model can be used in a wide variety of settings, including community, statutory, voluntary, justice and education services. By following this model, many professionals and volunteers have been given the confidence and competence to screen for problem alcohol and drug use and either engage in a brief intervention or refer to specialist services if necessary. There are two elements to this training

- (1) SAOR training is delivered in a **90 minute eLearning module** followed by
- (2) 1-day skills based workshop delivered live online.

Upon completion of the eLearning module you are required to email your certificate in order to attend the skills practice day. The link for the online training, will be sent to you when the certificate is received.

On completion of this workshop, participants should be able to:

- Apply the theory from the SAOR online module to their practice
- Identify opportunities to conduct a brief intervention
- Demonstrate appropriate brief intervention skills using the SAOR model
- Identify appropriate alcohol and other drugs care pathways

Friday 12th **November** | **4.5 hr** | **10am -1 pm & 2 pm-3.30 pm**

LINK TO REGISTER

<https://forms.gle/4PovBsmprLM7yDwE6>

Hidden Harm

Free of charge

1.5 hrs x 2 sessions

Problem Parental alcohol & other drug use has the potential to impact negatively on children in the home, it can and does cause serious harm to children at every age from conception to adulthood.

Hidden Harm can be experienced by children who may not be known to services. Research indicates that "1 in every 11 children and young people are living in a situation where alcohol or other drug use is an issue" (HSE 2021). All professionals who come into contact with children and families where substance misuse is an issue have a responsibility to ensure that children in these circumstances are identified as early as possible and are given appropriate intervention, support and protection.

Certificate of attendance.

Thursday 18th November | 1.5 hr | 2.30-4.00pm | online

Thursday 25th November | 1.5 hr | 2.30-4.00pm | online

LINK TO REGISTER

<https://forms.gle/fHWKLKxVTqdj7DgW7>

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7.

Cannabis

Is cannabis a drug? Does cannabis impact on mental health? What's the difference in cannabis and Medicinal Cannabis?

1.5hrs

Free of charge

Cannabis is a mood altering psychoactive substance, like every mood altering psychoactive substance it does have side effects. Learn more about cannabis and its side effects its impact on mental health and the difference with medicinal cannabis.

Certificate of attendance.

Thursday December 2nd | 1.5 hr | 2.30-4.00 pm | online

LINK TO REGISTER:

<https://my.demio.com/ref/24CljPjcUjREgH5g>

Synthetic Cannabis (SCRAs)

Recognising the difference

1 hr

Free of charge

Synthetic cannabis are a group of synthetic man-made chemical cannabinoids which belong to a group of drugs known as New Psychoactive Substances (NPS). The impact of these drugs can be risky, more dangerous and in some cases life threatening.

Certificate of attendance.

Thursday December 9th | 1 hr | 2.30-3.30 pm | online

LINK TO REGISTER:

<https://my.demio.com/ref/F4oYvBkX6i8amGpo>

TRAINING SPECIFICALLY DESIGNED FOR YOUR ORGANISATION

Over 1200 people have attended various education and training courses with Christina.

Get in touch if you would like to organise training specifically for your staff on Alcohol & other drugs topic.

This can be designed specifically for the needs of your staff and at a time that suits your organisation, day time or evening time.

Email : christinamceleney@donegaletb.ie

