



# Alcohol & other Drugs

EDUCATION & TRAINING

# 2019





# Contents

1. **COURSE CALENDAR.**
  2. **ALCOHOL DRUGS & YOUNG PEOPLE.**
  3. **MOTIVATIONAL INTERVIEWING.**
  4. **CANNABIS: RECREATIONAL/SYNTHETIC/  
MEDICINAL.**
  5. **SOAR: SCREENING &  
BRIEF INTERVENTIONS.**
  6. **ESSENTIAL GROUP FACILITATION SKILLS**
  7. **NEW PSYCHOACTIVE SUBSTANCES.**
  8. **QQi LEVEL 5 COMMUNITY ADDICTION STUDIES**
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	Dates	Training	Location	MAX Places	Page
<b>FEBRUARY</b>	<b>18th</b>	<b>IN SERVICE TRAINING DATE ( in-service means that the training is delivered to a work group in –house)</b>	<b>DONEGAL</b>	<b>16</b>	<b>N/A</b>
	<b>19TH</b>	<b>IN SERVICE TRAINING DATE ( in-service means that the training is delivered to a work group in –house)</b>	<b>DONEGAL</b>	<b>16</b>	<b>N/A</b>
	<b>19th</b>	<b>QQI LEVEL 5 COMMUNITY ADDICTION STUDIES (EVENINGS WEEKLY UNTIL JUNE)</b>	<b>DONEGAL ETB Ard O Donnell</b>	<b>16</b>	<b>9</b>
	<b>20th</b>	<b>QQI LEVEL 5 COMMUNITY ADDICTION STUDIES (EVENINGS WEEKLY UNTIL JUNE)</b>	<b>SLIGO MSL ETB Training Centre</b>	<b>16</b>	<b>8</b>
	<b>21ST</b>	<b>SAOR: SCREENING &amp; BRIEF INTERVENTIONS</b>	<b>SLIGO Venue TBC</b>	<b>16</b>	<b>5</b>
	<b>25TH</b>	<b>( NPS) NEW PSYCHOACTIVE SUBSTANCES</b>	<b>DONEGAL ETB Ard O Donnell</b>	<b>16</b>	<b>7</b>
	<b>26TH</b>	<b>SAOR: SCREENING &amp; BRIEF INTERVENTIONS</b>	<b>DONEGAL HSE Education Centre LK</b>	<b>16</b>	<b>5</b>
	<b>27th</b>	<b>DRUGS &amp; PERSONAL SAFETY ( IN-SERVICE)</b>	<b>Killybegs Donegal</b>	<b>20</b>	
	<b>28TH</b>	<b>IN SERVICE TRAINING DATE ( in-service means that the training is delivered to a work group in –house)</b>	<b>DONEGAL</b>	<b>16</b>	<b>N/A</b>
<b>MARCH</b>	<b>1ST</b>	<b>IN SERVICE TRAINING DAY ( in-service means that the training is delivered to a work group in –house)</b>	<b>DONEGAL</b>	<b>16</b>	<b>N/A</b>
	<b>13TH</b>	<b>ESSENTIAL GROUP FACILITATION SKILLS</b>	<b>SLIGO Radisson Blu Hotel</b>	<b>20</b>	<b>6</b>
	<b>14TH</b>	<b>ESSENTIAL GROUP FACILITATION SKILLS</b>	<b>SLIGO Radisson BLu Hotel</b>	<b>16</b>	<b>6</b>
	<b>21ST</b>	<b>INTRODUCTION TO MOTIVATIONAL INTERVIEWING FOR HEALTH BEHAVIOUR CHANGE</b>	<b>LEITRIM Venue TBC</b>	<b>16</b>	<b>3</b>

	22ND	INTRODUCTION TO MOTIVATIONAL INTERVIEWING FOR HEALTH BEHAVIOUR CHANGE	LEITRIM Venue TBC	16	3
	25TH	CANNABIS : do you know the difference in Recreational / synthetic and medicinal?	LEITRIM Venue TBC	16	4
APRIL	4TH	IN SERVICE TRAINING DATE ( in-service means that the training is delivered to a work group in –house)	DONEGAL Venue TBC	16	N/A
	5TH	IN SERVICE TRAINING DATE ( in-service means that the training is delivered to a work group in –house)	DONEGAL Venue TBC	16	N/A
	25TH	INTRODUCTION TO MOTIVATIONAL INTERVIEWING FOR HEALTH BEHAVIOUR CHANGE	SLIGO Radisson Blu Hotel Sligo	16	3
	25TH	INTRODUCTION TO MOTIVATIONAL INTERVIEWING FOR HEALTH BEHAVIOUR CHANGE	SLIGO Radisson Blu Hotel Sligo	16	3
MAY	9TH	ESSENTIAL GROUP FACILITATION SKILLS	LEITRIM Venue TBC	16	6
	10TH	ESSENTIAL GROUP FACILITATION SKILLS	LEITRIM Venue TBC	16	6
	23RD	INTRODUCTION TO MOTIVATIONAL INTERVIEWING FOR HEALTH BEHAVIOUR CHANGE	LEITRIM Venue TBC	16	3
	24TH	INTRODUCTION TO MOTIVATIONAL INTERVIEWING FOR HEALTH BEHAVIOUR CHANGE	LEITRIM Venue TBC	16	3
JUNE	6TH	CANNABIS : DO YOU KNOW THE DIFFERENCE IN RECREATIONAL / SYNTHETIC AND MEDICINAL?	SLIGO Radisson Blu Hotel Sligo	16	
	13TH	EARLY INTERVENTION:S FOR ALCOHOL & OTHER DRUGS: WORKING WITH YOUNG PEOPLE	LEITRIM Venue TBC	16	

# EARLY INTERVENTIONS FOR ALCOHOL & OTHER DRUGS: WORKING WITH YOUNG PEOPLE

2

## → **Course Content:**

A comprehensive overview of adolescence and substance misuse with skills development on early intervention.

## → **Learning Outcomes**

- Understand teenage brain development. Understand risk and protective factors.
- Outline the impact of Substance Use Disorder on young people, families & communities.
- Approach alcohol & drug issues from an informed perspective.
- Provide an early brief intervention for alcohol or other drug use.
- Identify key agencies and supports for young people experiencing difficulties

Multi-disciplinary training; for those that come into contact with young people as part of their work or voluntary activities. Social workers, teachers, family support workers, nurses, employment support staff, probation, youth workers Gardai among others.



# INTRODUCTION TO MOTIVATIONAL INTERVIEWING FOR HEALTH BEHAVIOUR CHANGE

3

## → **Course Content:**

Motivational Interviewing is a psychosocial evidenced-based method of intervention in health behaviour change that works on facilitating and engaging intrinsic motivation within the client in order to change behavior. MI is a goal-oriented, client-centered counseling style for eliciting health behavior change across a range of disciplines helping clients.

## → **Learning Outcomes**

- Gain a good understanding of motivational interviewing and how it works.
- Critically reflect on personal values and belief systems.
- Enhance MI practitioner skills.
- Spirit of MI.
- OARS.
- Ability to elicit and develop change talk.
- Respond to change / sustain talk.

Multi-disciplinary training; for those working with clients supporting health behaviour change Social workers, teachers, family support workers, nurses, employment support staff, probation, youth workers Gardai among others.

# CANNABIS

## Do you know the difference in Recreational, Synthetic, and Medicinal

4

### Course Content:

This training will enhance and advance participants' knowledge base on the current types of cannabis. It will help clarify the misunderstanding around medicinal cannabis, recreational & synthetic cannabis

### Learning Outcomes

- Understand the difference between recreational, synthetic and medicinal cannabis
- Explore the effects of cannabis
- Explore the risks associated with the use of synthetic cannabis
- Understand the associated mental health risks Clarify the current legislative situation of cannabis / medicinal cannabis
- Distinguish the difference between recreational, synthetic and medicinal cannabis
- Understand the possible risks associate with recreational & synthetic cannabis

Multi-disciplinary training; for those coming into contact with individuals that use cannabis. Social workers, teachers, family support workers, nurses, employment support staff, probation, youth workers Gardai among others.

# SAOR

## Screening & Brief Interventions

5

### → **Course Content:**

SAOR is an evidenced-based effective intervention. Establish a supportive working relationship with an individual when asking about their alcohol & other drug use. Learn how to use an evidence-based screening tool for alcohol & other drug use. Deliver a structured brief intervention based upon the SAOR model

### → **Learning Outcomes**

- Critically discuss problem alcohol and drug use as it impacts their current work or area of practice.
  - Demonstrate an enhanced knowledge and awareness of contemporary models of screening and brief intervention for problem alcohol and drug use
  - Identify problem alcohol and drug users who present to health, social care settings
  - Utilise the SAOR model of Screening & Brief Intervention (SBI) in practice-based scenarios
- Discuss the application of the SAOR model of screening and brief intervention for problem alcohol and drug use into their practice

Multi-disciplinary training; for those coming into contact with individuals that use alcohol /other drugs. Social workers, teachers, psychologists, family support workers, nurses, employment support staff, probation, youth workers community workers, Gardai among others.



# ESSENTIAL FACILITATION SKILLS

6

## → **Course Content:**

Facilitation is the theory and practice combined of working with people. Facilitation enables and empowers people to carry out a task or perform an action. A group facilitator uses certain skills in a process, which allows the individuals/group reach their decision/ set their goal/learn a skill or what ever the task at hand might be. Facilitation is a developmental educational method, which encourages people to share ideas, resources, opinions and to think critically in order to identify needs and find effective ways of satisfying those needs.

## → **Learning Outcomes**

- How to organise, plan, run and facilitate and evaluate group sessions with parameters, boundaries and group agreements.
- Identify power, conflict and lack of participation in a group and how best to manage difficult situations.
- Develop an insight into ethical behaviour as a facilitator and the use of your own power in the facilitator's role.

Multi-disciplinary training; for those involved in facilitating a diverse range of groups. Social workers, teachers, family support workers, nurses, employment support staff, probation, youth workers community workers, Gardai among others.

# NEW PSYCHOACTIVE SUBSTANCES

7

## → **Course Content:**

This training will provide an insight into the new and emerging types and trends in drug use as well as build on existing knowledge of psychoactive substances.

## → **Learning Outcomes**

- Overview of new emerging psychoactive substances
- Outline main substances involved in these trends and the reasons for same
- Establish a link between trends in use and social, environmental, physical, mental and individual factors
- Assess the risks involved in these trends
- Explore the implications of these new substances
- Identify new emerging drugs
- Understand the range of variants of NPS Examine online availability
- Understand NPS in respect of current legislation

Multi-disciplinary training; for those that wish to keep up to date with the latest information on new drugs. Social workers, teachers, family support workers, nurses, employment support staff, probation, youth workers community workers, Gardai among others.

# QQI Level 5 Community Addiction Studies SLIGO

**Starts Wednesday 20th February 2019**

**Mayo Sligo Leitrim ETB Training Centre**

**To Book: E: [christinamceleney@donegaletb.ie](mailto:christinamceleney@donegaletb.ie)**



Who would benefit from this module? Parents, Social workers, Gardai, Youth Workers, Community Workers, Family Support Workers, Employment support staff, Probation Workers, among many others.

- Theories of Addiction
- The Family & Addiction
- Hidden Harm
- The Media & Addiction
- Current Interventions working with Addictions
- Gambling Addiction
- Trends in Drug Use
- New Psychoactive Substances

Call Christina: 0879369312 | E: [christinamceleney@donegaletb.ie](mailto:christinamceleney@donegaletb.ie)

# QQI Level 5 Community Addiction Studies Letterkenny

Starts Tuesday 19th February 2019  
Donegal ETB Building, Ard O'Donnell  
Letterkenny

To Book: E: [christinamceleney@donegaletb.ie](mailto:christinamceleney@donegaletb.ie)



Who would benefit from this module? Parents, Social workers, Gardai, Youth Workers, Community Workers, Family Support Workers, Employment support staff, Probation Workers, among many others.

- Theories of Addiction
- The Family & Addiction
- Hidden Harm
- The Media & Addiction
- Current Interventions working with Addictions
- Gambling Addiction
- Trends in Drug Use
- New Psychoactive Substances

Call Christina: 0879369312 | E: [christinamceleney@donegaletb.ie](mailto:christinamceleney@donegaletb.ie)

