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Bord Oideachais agus
Oiliúna Dhún na nGall
*Donegal Education and
Training Board*



Northwest Regional
Drug & Alcohol Task Force

TRAINING CALENDAR
2016

ALCOHOL & OTHER DRUGS RELATED TRAINING

SLIGO/LEITRIM/DONEGAL



Month	Dates	Training	Location	MAX Places	Page
February	starts 25 TH	QQI /FETAC LEVEL 5 IN COMMUNITY ADDICTION STUDIES	Sligo	20	
February	17 th	(NPS) New Psychoactive Substances	Donegal	20	
March	11 TH	SAOR-Screening & Brief Interventions	Donegal	20	
March	16 th	(NPS) New Psychoactive Substances	Leitrim	20	
March	30 th	(NPS) New Psychoactive Substances	Sligo		
April	8 th	SAOR – Screening & Brief Interventions	Sligo	20	
April	15 th	Introduction to Hidden Harm	Sligo	20	
May	13 th	SAOR- Screening & Brief Interventions	Donegal	20	
June	2 & 3 rd	Essential Group Facilitation Skills	Donegal	20	
June	16 th	Introduction to Hidden Harm	Leitrim	20	
June	23-24 th	Essential Group Facilitation Skills	Sligo	20	
July	4-8 th	Teacher Training	Sligo	20	
July	14 th	Introduction to Hidden Harm	Donegal	20	
Sep	Starts 15 th	QQI/ Fetac level 5 Community Addiction Studies	Donegal	20	
Sep	28 th	Adolescence and Substance Misuse: Working with Young people on Substance Misuse / Early Intervention	Leitrim	20	
Oct	7 th	(NPS) New Psychoactive Substances	Sligo	20	
Oct	11/12	Motivational Interviewing level 1	Donegal	20	
Nov	16 th	Adolescence and Substance Misuse: Working with Young people on Substance Misuse / Early Intervention	Donegal	20	
Dec	6/7 th	Motivational Interviewing Level 2	Donegal	20	

Booking forms are at the end of this document.

Training Calendar:

The training calendar offers a range of courses in the field of alcohol and other drugs. Individuals can book the training by filling in the 'Booking Form' (pg.11) at the back of this document and emailing it or posting it.

Tailored training:

The option of requesting tailored "in-service" training for your services and organisations is available. Requests will be accommodated to the best of our ability, where possible. The "Request for In-Service Tailored Training Form" is available at the back of this document (pg.12). Call Christina for a brief discussion on your training needs.

Trainer Profile:

Christina Murray-McEleney completed her BSc Hons Degree with University of Ulster as part of that she studied addictions; she is an educational specialist in the field of alcohol & other drugs having completed her Post Graduate Specialist Diploma in Teaching, Learning & Scholarship with University of Limerick. Christina has been voluntarily undertaking courses herself annually for the last 18 years. She has lectured & guest lectured for eight years in various third level institutions namely University of Limerick, North West Regional College, Letterkenny IT and Sligo IT. Christina designs, develops and delivers a range of education & training in the field of alcohol & other drugs and has written third level modules. She works in partnership with the Alcohol Forum and HSE West (Donegal) and North West Regional Drug and Alcohol Task Force on specific & various projects to ensure the continuance of alcohol & other drugs training & education in the region. She is employed by Donegal Education & Training Board and is funded by North West Regional Drug & Alcohol Task Force (NWRDATF). Christina was pivotal in the design and delivery of the Midwives handbook & toolkit for the pilot initiative "A Prescription for a Healthy Pregnancy" in Letterkenny University Hospital 2014. Christina is a member of the National Addiction Training Programme (NATP), the Alcohol Forum Training & Education Sub-group, Prevention & Education Sub-group of NWRDATF, and a member of Donegal Education & Training Board Education Pillar. Christina is responsible for coordinating alcohol & other drug education & training in the North West Region. Other trainers may also engage in the delivery of training in the region.

QQI / Fetac Level 5 in Community Addiction Studies

Course Duration: 54 hrs. taught
96 hrs. self-directed learning

START DATE: 25th February 2016-Sligo
15th September 2016-Donegal

Who should attend?

For those that come into contact with alcohol and other drugs as part of their work / volunteering. Counsellors, Social workers, teachers, family support workers, nurses medical & psychiatric, employment support staff, probation, Gardai among others

Location: SLIGO

Venue: Mayo Sligo Leitrim ETB

Number of places available: 20

Trainer: Christina Murray-McEleney

Course Description:

This programme module aims to create awareness of drug/alcohol related issues and impacts on the individual, families and local communities while developing a shared understanding of effective, evidence based community & statutory responses.

Course Content: A comprehensive module on all aspects of alcohol & other drugs misuse within communities.

Learning Outcomes

- Understand and explain the process of addiction
- Outline the impact of Substance Use Disorder on individuals, families & communities
- Identify key agencies and supports for individuals & families
- Critically analyse media responses
- Critically reflect on personal values and belief systems

Certification / Accreditation:

QQI / Fetac Level 5 Certificate Component.

SAOR: Screening & Brief Interventions (SBI)	
Course Duration: 1 day	Dates: March 11th – Donegal April 08th – Sligo May 13th - Leitrim
Who should attend? Staff who have occasion to ask people about their alcohol use. This could include workers from social care, family support, employment support, vocational training, criminal justice, probation, education, housing support and general health care services among others.	
Location: Donegal Sligo Leitrim	Venues: Radisson Hotel Radisson Hotel TBC
Number of places available: 20	Trainer: Christina Murray-McEleney
Course Description: A Brief intervention is amongst the most effective of psychosocial treatments across a range of health related behaviours. It's a short intervention and consists of a helpful conversation in relation to a person's alcohol consumption. A substantial body of literature exists which supports the use of a brief intervention in a range of health care settings to be effective in the reduction of problem alcohol consumption. The Steering group report on a Substance Misuse Strategy recommends that SBI training be extended to community, voluntary, health, social and criminal justice settings such as: Health clinics and community-based health services, Community and voluntary services, Mental health services, Educational, criminal justice and other community-based initiatives, Youth and sports organisations; Later life services	
Course Content: Evidence for the effectiveness of SBI for Alcohol and drug-related presentations to health, social care and other settings provision of an overview of the SAOR model of intervention for problem alcohol and drug use. Establishing a supportive working relationship with an individual when asking about their alcohol use and how to screen for alcohol use. Deliver a structured brief intervention based upon the SAOR model.	
Learning Outcomes <ul style="list-style-type: none"> • Critically discuss problem alcohol and drug use as it impacts their current work or area of practice. • Demonstrate an enhanced knowledge and awareness of contemporary models of screening and brief intervention for problem alcohol and drug use • Identify problem alcohol and drug users who present to health, social care settings • Utilise the SAOR model of Screening & Brief Intervention (SBI) in practice based scenarios • Discuss the application of the SAOR model of screening and brief intervention for problem alcohol and drug use into their practice • Access useful links and reference materials for further reading and research 	
Certification / Accreditation: A certificate of attendance will be awarded on completion of the training.	

Adolescence and substance Misuse: Working With Young People on Substance Misuse Issues / Early Intervention

Course Duration: 1 day

Dates : **28th September - Leitrim**
16th November - Donegal

Who should attend?

For those that come into contact with young people as part of their work or voluntary activities alcohol and other drugs as part of their work / volunteering., Social workers, teachers, family support workers, nurses, employment support staff, probation, youth workers Gardai among others.

Location: Leitrim & Donegal

Venue: TBC

Number of places available: 20

Trainer: Christina Murray-McEleney

Course Description:

This course aims to create awareness of drug/alcohol related issues and young people The impact of substance misuse on the young person, families and local communities

Course Content: A comprehensive overview on adolescence and substance misuse with skills development on early intervention

Learning Outcomes

- Understand teenage brain development
- Understand risk and protective factors
- Outline the impact of Substance Use Disorder on young people, families & communities
- Approach alcohol & drug issues from an informed perspective
- Provide an early brief intervention for alcohol or other drug use
- Identify key agencies and supports for young people experiencing difficulties

Certification / Accreditation:

A certificate of attendance will be awarded on completion of the training.

Introduction to Hidden Harm and the impact of substance Misuse on children and families

Course Duration: 1 day

Date: April 15th Sligo
June 16th Leitrim
July 14th Donegal

Who should attend?

Individuals that are coming into contact with Alcohol & Drug issues.

Workers/Volunteers who wish to gain knowledge on alcohol, other drugs and their effects. People with an interest in this general area.

Location: Sligo, Leitrim, Donegal

Venues: TBC

Number of places available: 20

Trainer: Christina McEleney

Course Description: Parental Substance misuse has considerable impact on children and families. Children have a right to be protected from harm, safe from violence and neglect ; treated with love , care, respect and have their wishes taken into account on matters affecting them. Parental Misuse of substances can often result in reduced parenting capacity,unpredictable behaviour, inconsistent parenting, stigma for the family, physical and emotional absence ,possible criminal behaviour.

Course Content:

- Introduction to the impact of problem alcohol & other drug use on parenting capacity
- Understand the interface between alcohol & other drug use domestic violence, mental health issues and the impact on family functioning
- Understand familiar drinking patterns, recreational use weekend bingeing, self-medicating, Dependent use , and their possible impact on children

Learning Outcomes:

- Demonstrate a new understanding of problem alcohol & drug use on parenting capacity
- Critically examine personal values and belief systems
- Gain knowledge on the impact on children and family functioning in the context of problem alcohol or other drug use

Certification / Accreditation: A certificate of attendance will be awarded on completion of the training.

Essential Group Facilitation Skills

Course Duration: 2 days

Date: Donegal 2nd & 3rd June
Sligo 16th & 17th June

Who should attend?

This course is aimed at those working in the Community/Voluntary/Drugs/Alcohol sector that are involved in or plan to become involved in the facilitation of a range of groups.

Location: Donegal
Sligo

Venue: TBC

Number of places available: 16

Trainer: Christina McEleney

Course Description: Facilitation is the theory and practice combined of working with people. Facilitation enables and empowers people to carry out a task or perform an action. A group facilitator uses certain skills in a process which allows the individuals/group reach their decision/ set their goal/learn a skill or what ever the task at hand might be. Facilitation is a developmental educational method which encourages people to share ideas, resources, opinions and to think critically in order to identify needs and find effective ways of satisfying those needs.

Course Content:

- To evaluate, recognize and put into practice the theory & practice of group work founded on the principles and values of group facilitation
- How to organise, plan, run and facilitate and evaluate group sessions with parameters, boundaries and group agreements
- Identify power, conflict and lack of participation in a group and how best to manage difficult situations
- Develop an insight into ethical behaviour as a facilitator and the use of your own power in the facilitator's role

Learning Outcomes:

- Understanding of group task, explicit processes and implicit processes
- Understand influence and power dynamics within a group
- Become an ethical group facilitator
- Plan, provide and manage and evaluate a group session

Certification / Accreditation:

A certificate of attendance will be awarded on completion of the training.

NEW PSYCHOACTIVE SUBSTANCES (NPS)

Course Duration: 3 HRS

Date: Donegal 17th- February
Leitrim 16th - March
Sligo 30th - March

Who should attend?

Individuals & Professionals who wish to gain knowledge on the New emerging psychoactive substances ; An Garda Síochána, Drug Services, Social Work, medical staff, probation staff, prison staff, teachers, youth workers, third level health & social care students, among others.

Location: Donegal
Leitrim
Sligo

Venue: TBC

Number of places available: 20

Trainer: Christina McEleney

Course Description: This training will provide an insight into the new and emerging trends in drug use as well as build on existing knowledge of psychoactive substances.

Course Content:

- Overview of new emerging psychoactive substances
- Outline main substances involved in these trends and the reasons for same
- Establish a link between trends in use and social, environmental, physical, mental and individual factors
- Assess the risks involved in these trends
- Explore the implications of use Identify

Learning Outcomes:

- Identify new emerging drugs
- Understand the range of variants of NPS
- Examine online availability
- Understand NPS in respect of current legislation

Certification / Accreditation:

A certificate of attendance will be awarded on completion of the training.

Important Notes:

Each training session is subject to numbers. The training calendar is subject to change.

Booking is essential **TWO** weeks before any short courses, booking is on a first come first served basis. Book early as numbers are limited.

To book any of the training sessions, fill in the **Booking Form**; you can locate this form at the end of this document. Email to: christinamceleney@donegaletb.ie or post the form to: Christina Murray-McEleney, Donegal ETB, Ard O Donnell, Letterkenny, Donegal.

Tailored training can be designed and delivered 'in –service' by request. If you have a group of 10 participants, training can be delivered to your organisation 'in-house' on your premises or a premises that you organise.

A **“request for tailored training”** form is also available at the end of this document. Again it can be emailed or posted.

Please contact Christina for any further enquires:

Tel : 0749161508

Mob: 0879369312

Email : christinamceleney@donegaletb.ie

Individual Booking Form

Name of Course	
Date & Location of Course	
Individual applicant details	
Name	
Tel / Mob	
Address	
Email Address	
What organisation do you work /volunteer with ?	
Name of contact person	
Organisation details (briefly describe your organisation and what it does)	
Contact Tel / mob	
Contact email address	
Application for Training	
Have you previously completed any alcohol and other drugs training? (Please describe)	
What do you hope to learn from this training? (Please Describe)	
Or, You can email this form to: christinamceleney@donegaletb.ie	
You can print this form and post it to: Christina Murray-McEleney, Coordinator Alcohol & Other Drugs Education & Training, NW region, Donegal ETB, Ard O' Donnell, Letterkenny, Donegal.	

Request for tailored in-service training form	
Course requested	
Possible dates	
Organisation details	
Name of contact person	
Organisation details (briefly describe your organisation and what it does)	
Contact Tel / mob	
Contact email address	
Please provide a much detail as possible for your particular request	
What other alcohol / drug training has your organisation completed?	
Please provide a rationale for the training you request	
Post to:	Christina Murray-McEleney, Coordinator Alcohol & Other Drugs Education & Training , NW region, Donegal ETB, Ard O' Donnell, Letterkenny, Donegal.
Email to:	christinamceleney@donegaletb.ie