

Annual Report 2016



Northwest Regional
Drug & Alcohol Task Force

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North West Regional Drug & Alcohol Task Force

May 2017



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Feidhmeannacht na Seirbhíse Sláinte
Health Service Executive

1. An overview of the drugs problem in your area to include:

➤ **A detailed profile of drug usage in your area and emerging trends in drug use:**

The Information below was collated by the **National Drug Treatment Reporting System 2015 (NDTRS)**. The data was reported by the HSE Addiction Services and Task Force Funded Treatment & Rehabilitation Projects.

Note: The data represents all clients who have indicated an address in the North West but may have accessed drug and/or alcohol treatment services nationally.

Note: Alcohol remains the primary drug of choice; the secondary drug of choice is Cannabis.

Reason for Referral

Alcohol	668
Drug	228
Concerned Person	59
Total	955

Reason for Referral - Detail

Opiates	35
Ecstasy	1
Cocaine	14
Other stimulants	2
Benzodiazepines	12
Volatile inhalants	0
Cannabis	155
Alcohol	691
Others	9
Not known	0
Total	919

Service Provider Type

Outpatient	787
Inpatient	112
Low Threshold	19
General Practitioner	1
Prisons	0
Total	919

Gender

Male	593
Female	319
Not recorded	7
Total	919

County of Residence

Donegal	538
Leitrim	86
Sligo	295
Total	919

Nationality

Great Britain and Northern Ireland (UK)	33
Ireland, Republic of	846
Poland	14
Other	27
Total	919

Methadone Treatment Data Analysis per for 2015 (January to December '15)

Table 1 - Number of Clients in Treatment per NWRDTF area

HSE Region	Task Force Area	Number of Clients in Treatment (During Period)		National % of clients in Treatment	Number of Clients in Treatment (At end of Period)		National % of clients in Treatment
		Jan to Dec. 15 (During Period)			Dec 15 (At end of Period)		
HSE West	North West RDATAF						
RDATAF Regional Total:		32		0.3	26		0.3

Table 1 – Gender and Treatment location of Clients per NWRDTF Area

HSE Region	Task Force Area	Gender & Treatment Location (During Period Jan to Dec '15)					
		Gender	Clinic	NDTC	GP	Prison	Total
HSE West	North West RDATAF	Male	<10	0	21	<10	26
		Female	0	0	<10	<10	<10

Table 2 - Age of Clients in Treatment

HSE Region	Task Force Area	Age of Clients in Treatment (During Period Jan to Dec. '15)								
		0-15	16-19	20-24	25-29	30-34	35-39	40-44	45+	Total
HSE West	North West RDATAF	0	0	<10	<10	10	<10	<10	<10	32

- **The main issues which your DTF addressed in 2016 arising from this pattern of drug use:** Arising from the patterns of drug usage and emerging trends outlined above, the main problems identified are alcohol and cannabis misuse. In this regard, the Task Force continue to support the projects to deliver on **education, prevention, treatment and rehabilitation** for the client group in the North West: In 2016, the Task Force identified a need for a targeted approach tackling alcohol & drug issues in the region.

- 1) **Small Grants Scheme:** The Task Force granted approval for a focused & targeted small grants scheme. The *Prevention and Education and Treatment and Rehabilitation* sub groups highlighted emerging needs in the region. Small grants were awarded to community and voluntary groups for the development of programmes, training, materials and research under this remit, building capacity and to address issues around alcohol and drug misuse in the region.

NWRDATF Small Grants Scheme in 2016		
Organisation	Amount	Purpose of grant (brief summary)
Sligo Social Services	1,500	Dept of Social Protection Community Employment Scheme set up costs
Letterkenny CDP	1500	Dept of Social Protection Community Employment Scheme set up costs
Roslinver Youth Community Project	1500	Dept of Social Protection Community Employment Scheme set up costs
Donegal Youth Service	500	To increase awareness & understanding around the dangers of drugs & alcohol misuse, benefitting 15 young people.
Mohill Family Support Centre Ltd	1500	To run a 10 week programme of CBT, Psychotherapy, Group Therapy, Alternative therapies for non-residential clients with substance misuse issues who cannot afford treatment, benefitting 30 clients.
The Alcohol Forum Donegal	1500	To carry out research to give a clear overview of current provision of those with disabilities within Residential treatment programmes as well as identifying gaps contributing to inaccessibility and recommendations for future delivery
North Connaught Youth Services Leitrim	500	To run an outdoor education project over the summer to engage at risk young people allowing them to express themselves in a fun & safe way, benefitting 10 – 12 people
Youth Action Project, Sligo	500	To engage young people at risk in high adrenaline activities to create an alternative way of achieving a natural high through surfing, stand up paddling, ZIP it, sea fishing, benefitting 23 young people
Friends of the Bill W Club Donegal	1500	To raise awareness around alcohol/substance misuse around the dangers of driving to those who have come to the attention of the Gardai benefitting 14 clients.
The CRIB, Foroige Sligo	500	To facilitate a summer programme for young men at risk of substance misuse from Sligo town to benefit 10-15 clients.
Foroige Donegal	500	To engage 12-17 yr olds who actively drink alcohol & are hard to reach by running workshops/activities as part of 'be healthy be happy' programme.
Mohill Addiction Support	1500	To run a 10 week CBT, Group Therapy, Alternative Therapies for clients with substance misuse issues who cannot afford treatment to benefit 30 non-residential clients.
Cara House Family Resource Centre	1121	To provide catering for one year to people in recovery from drug & alcohol misuse and their families assisting them in maintaining their sobriety benefitting 12 people.
North Connaught Youth Services (YAPS)	1500	To host alcohol free/alternative free events during and around St Patrick's Day
The Base Youth Café, Co Leitrim	1075	To host alcohol free/alternative free events during and around St Patrick's Day
Letterkenny CDP, Donegal	1470	To host alcohol free/alternative free events during and around St Patrick's Day
Foroige, Donegal	1500	To host alcohol free/alternative free events during and around St Patrick's Day
Club Oige Oige Christ Ri	500	To host alcohol free/alternative free events during and around St Patrick's Day
Easkey Community Council	1000	To host alcohol free/alternative free events during and around St Patrick's Day
Foroige, Sligo	1500	To host alcohol free/alternative free events during and around St Patrick's Day
Foroige, Leitrim	1500	To host alcohol free/alternative free events during and around St Patrick's Day
Sligo Intercultural Forum	1500	To host alcohol free/alternative free events during and around St Patrick's Day
Friends of the Bill W Club	1075	To host alcohol free/alternative free events during and around St Patrick's Day

2) The Task Force Team ensure appropriate administrative support are in place to enable the efficient operation of the RDATAF by:

- Providing ongoing financial and administrative support in relation to operation of the task force;
- Preparing and submitting timely financial reports to the task force including Co-ordinators' reports and ensure quarterly reporting is completed and submitted to the channel of funding;
- Providing practical, technical, and advisory support in relation to the operation of the task force and its sub groups.

3) We ensure projects are supported in relation to their work funded through the RDATAF:

- Development Workers to continue to support all projects;
- Staff work closely with the task force co-ordinator and the RDATAF to assist in the delivery of the three-year strategic plan;
- We assist projects to establish and report on targets, outcomes and other relevant mechanisms which comply with procedures set out by the NSMS and the DPU;

4) We maintain Sub Groups in relation to the NSMS and identify emerging needs within the North West:

- We continue to identify relevant potential participants for sub groups meetings and monitor emerging needs;
- We continue to support all RDATAF sub groups and convene the operation of groups when required;
- We report back to the RDATAF and ensure all structures operate in conjunction with their terms of reference and the task force's operational handbook

5) The Task Force allocated their 2016 budget to 11 *Treatment & Rehabilitation* Projects and 5 *Education & Prevention* projects. All these projects are based within Community & Voluntary sector organisations.

6) The Task Force have always highlighted *Value For Money* as an important factor in delivering cost effective service provision. The Task Force have capped the administration & management charges on all sixteen projects at 10% for 2016 - to maximise front line service provision.

7) Project Planning & Reporting Via the Logic Model:

The **NWRDATF** in 2016 are now using the national planning and reporting logic model. All task force funded projects undertook training and all planning forms were submitted to their relevant channels of funding for approval in December 2015.

8) 2016 Drug and Alcohol Task Force (DATF) Global Allocation

Global Allocation for HSE projects:

The global allocation for HSE projects through the North West Regional DATF for 2016 remained unchanged from 2015 and was **€461,730**.

Global Allocation for ETB projects:

The global allocation for HSE projects through the North West Regional DATF for 2016 remained unchanged from 2015 and was **€258,633**. The total 2016 allocation = **€720,363.00**.

9) New National Drugs Strategy 2017 to 2025:

The current **National Drugs Strategy** came to an end in 2016 and the Cabinet Committee on Social Policy and Public Service Reform mandated the Department of Health to commence work on the development of a new **National Drugs Strategy** for the period after 2016.

The development of the new National Drugs Strategy has involved a high level review by an independent expert panel of the current Strategy. The process has included consideration of the overall impact of the strategy the drugs problem and a review of Ireland's progress in terms of developments internationally.

The Department circulated the following questions ahead of the meeting:

Thinking of your remit and of the target group you deal with:

1. What aspects of the National Drugs Strategy are working well?
2. Are there gaps in the strategy and how should they be addressed?
3. What are the priorities for the future?

The following points were raised at the meeting by the Co-ordinators network:

- RDATF links to JPC's need to be clearer – either through Gardaí attending TF meetings or reps from TF attending JPC's; with emphasis on reports local drug dealing hotspots, Intimidation, Drug Related Litter, issuing of new alcohol licenses, reports of selling of alcohol to Under 18s, drink or drug related anti-social behaviour - could be suggested as standard agenda items at JPC and/or PPN/LCDC.
- Review of recall and release from prison so that care-planning arrangements are prioritised, including facilities for prison visits by key workers or prison-based resources to assist with entry & exit planning. Potential for prison link workers.

- Arrest referral – commencement of implementation of agreed model.
- Tighter control of, and improved responses to, prescribed medication.
- Tighter control of alcohol supply to under 18s.
- Restriction of the proliferation of alcohol supply points. Adherence to “Responsible serving of alcohol” to be linked to renewal of licenses. JPC input into licence renewal.
- Review of the current drug-related intimidation framework – how to improve it based on feed-back from family support groups and frontline services.
- RDATE Community consultation to ascertain community priorities in relation to supply reduction/legislation, through the PPNs and drug & alcohol linkage groups.
- Garda vetting – communication about its purpose to avoid it being used to prevent people getting rehabilitated (jobs, training, education, housing even).
- Spent Convictions Act to assist those in recovery from drugs as well as alcohol; set time period determined for future convictions & appeals process for past convictions.
- Decriminalisation – would assist with realigning the NDS with the recovery agenda; extension of recovery-focused inter-agency drug court model where clients of services are involved in criminal justice system; option of restorative justice programmes to be considered instead
- The Treatment & Rehabilitation sub group made a submission on behalf of the Task Force which is **attached in [Appendix 1](#)**

10) Sligo City Alcohol Strategy:

The first meeting of the Sligo Alcohol Strategy committee to develop a draft strategy took place on Wednesday the 23rd November '16, the objective of this meeting was to stimulate interest and commitment in the development of a strategy, share experiences and explore mechanisms to facilitate a collective response in reducing alcohol related harm in Sligo City. The Task Force team are currently planning engagement initiatives for the public which has included to date a survey monkey through the Public Participation Network and a public meeting to start a discussion into the need for an alcohol strategy for the city.

The targets of the strategy are to improve health, well-being and quality of life of people living in Sligo City, reduce harmful use of alcohol & related harm.

The anticipated effect of implementing the five-year strategy is the following:-

- Improved health, wellbeing and quality of life of people living in Sligo City
- Reduced harmful use of alcohol/reduce alcohol-related harm
- Reduced incidents of alcohol related crime and anti-social behaviour
- Increased access to support services for those affected by another's alcohol consumption
- Increased access to alcohol treatment services
- Reduced prevalence of alcohol at community events/activities; and
- Reduced alcohol marketing in local areas.

11) National Community Action on Alcohol Project:

The NWRDATF's Community Action on Alcohol Project's Plan was submitted to the Executive Committee in October 2015 for comment and approval before being submitted to the Alcohol Forum and the steering group which was then submitted to the Department of Health on the 3rd of December 2015 **attached in Appendix 1**. The CAAP Committee attended a one day conference **Community Action on Alcohol Pilot Project Completion workshop** on Wednesday the 20th of January 2016 which entailed:

- *the launch of the External Evaluation Report,*
- *Case Studies: Two Task Force Alcohol Sub Committees gave a short presentation on their experience of, and involvement in the CAAP Pilot 2015.*
- *Community Action on Alcohol – Moving Forward in 2016;*
- *Presentation of Certificates of Achievement;*
- *Relevant New Research data was presented;*
- *Expressions of Interest Community Action on Alcohol 2016 were called for;*

12) Service User Involvement:

SUI training took place on the **19th of May 2016** with 30 participants from the Voluntary and Statutory services. The training assisted projects and the task force to change the culture of service user involvement.

Learnt Outcomes

At the end of the days training participants had a good knowledge base in the following areas:

- Rationale for SUI a clear definition of Service User Involvement;
- An Understanding of the Types of Involvement and applying this within Drug and Alcohol services;
- Benefits to the Service Provider/Service Users and an understanding of a Standardised Formula for the Development of Plans in Drug and Alcohol Services;
- Bringing Service User Involvement into National Drug Rehabilitation framework;
- Designing and Developing Action plans for Drug and Alcohol Services

13) National Co-ordinators Alcohol Conference:

The National Alcohol Conference in the Heritage Hotel in Killinard in Portlaoise took place on the 6th of October 2016 with good representation from the North West in attendance and engaging well on all debates.

14) Provision of a Performance Measurement Framework for Drug and Alcohol Task Forces:

In January the Department of Health commissioned Trutz Haase-Social & Economic Consultants to develop a performance measurement framework for DATF's. It is intended that a **Resource Allocation Model** will be an integral part of this performance measurement system. This model will provide a means for targeting allocations on the basis of rational objectives and criteria, having regard to the drugs situation in the Task Forces catchment areas and other demographic factors. This will help to facilitate more robust monitoring and assessment of the work of Task Forces by the Department.

15) Public Participation Network

The Task force took on responsibility to find suitable community representative replacements via the PPN networks in the North West. This mechanism of representation was deemed most suitable as replacement for the Community Fora. After the co-ordinator had presented in all three counties Six representatives took up seats on the Task Force in 2016

16) Dormant Accounts Funding

The Task Force application under the **Dormant Accounts Measure 4 Substance Misuse** and Prevention was successful and a total of €40,000 was awarded to carry out the projects below:

a) Project Actions/Activities:

Research & Strategy: To develop a 5 year strategic plan for the NW which will outline the current extent and nature of the drug & alcohol problems in the region as well as outlining the extent to which current service provision meets the identified needs under the National Drugs Strategy pillars, address gaps in programme or service provision and Identifying and targeting cross Task Force issues.

b) Research and Evaluation

In March 2016, the Research and Evaluation tender was advertised on active link and circulated via email. The Executive committee reviewed the only one application that was submitted and unfortunately this did not meet the criteria. Several changes were made to the tender specifications and it was re-advertised with a closing date of the 19th of May 16. The Executive committee met on the 13th of June 16 to evaluate

the tenders received. The Coordinator circulated three tenders. Crowe Howarth were the successful bidder for this piece. The report is **attached** in **Appendix 1**

c) Community Action on Alcohol Project, Sligo City Alcohol Strategy. Service User Involvement & Hidden Harm (Dormant Accounts Funding)

CAAP suggestions: Awareness campaigns around Foetal Alcohol Syndrome, Alcohol related Brain Injury, Screening and early intervention for identification of alcohol and other drug use, Workforce Development, Partnership working, Information sharing, Training in Responsible Serving Training, Support for Homeless Substance Misusers. As the grant was under Education & Prevention, the Task Force's Education & Prevention sub group were involved in the consultation and the execution of the actions - the Education & Prevention group were an integral part of highlighting actions and emerging needs.

The Task Force staff team had two planning days arrange to kick start the actions which took place on the 9th February and 1st March 2016 respectively. As Coordinator, I was requested by Pobal to attend a DAF Administration Workshop around the financial management of the grant on the 26th of January 2016.

The event set out the key requirements associated with the grant and provided the opportunity for questions and clarification on its management. At the Executive Meeting on the 13th of June 16, it was agreed to call for Expressions of Interest via *Activelink* and the *NWRDATF database* from the community, voluntary, statutory sectors referencing the *Community Action on Alcohol* project re following requirements/criteria:-

- *To promote awareness of alcohol related harm within communities in the North West region*
- *To develop skills which will empower people to adopt a healthier relationship with alcohol;*

The proposals had to fit under the actions and activities outlined below:

- *Explore opportunities and implement actions to raise awareness of the link between alcohol and suicide;*
- *Raise professional awareness of the needs of families and the impact on them of a drinker in the family;*
- *Deliver a public awareness campaign on Foetal Alcohol Syndrome;*

It was agreed by the meeting that these proposals would be evidence based, cost effective and weighting would be based on the geographical spread covering counties Sligo, Leitrim & Donegal. The overall allocation for this action was **€19,000** with the maximum grant/funding awarded to the successful

applicant being €5,000. Eight applications were reviewed by the Executive Committee on Thursday 30th of June 16. Four applicants met the criteria and a summary of the successful applicants are outlined below.

Sligo Social Services- Allocated €4,300

- 1 day Awareness Raising sessions with Professionals working with/in contact with Families
- To provide one day awareness raising workshops to professionals who are in regular contact with children and families
- To increase professionals understanding of the process of addiction and its impact on families
- To equip participants with basic intervention strategies
- To provide information of addiction services at a local level
- Promote greater interagency working to families and children where there is problematic alcohol misuse
- To promote good practice amongst professionals

Alcohol Forum- Allocated €5,000

- Develop a leaflet on maternal alcohol consumption;
- Distribute leaflet – Maternity settings, GPs, Pharmacies, ITs and Community organisations in the North West;
- Develop a poster reflective of the leaflet;
- Reproduce stages of human development chart for use in maternity settings regionally;
- Develop 1 day training on maternal alcohol consumption including FASD/FAS for midwives and other health/social care/drug and alcohol professionals;
- Deliver 3 x 1 day training on maternal alcohol consumption in Donegal, Sligo, Leitrim in 2016
- Actions above will assist progression of Prescription for a Healthy Pregnancy Initiative 2016 across the NW region;

Foroige- Allocated €3,500

- Awareness campaign directed at 10-17 year olds and broader community including professionals focusing on Foroige's alcohol related services
- Use of a variety of media – social, posters, leaflets, radio etc

Sligo Leader Partnership- Allocated €3,000

- Map target group of men at risk from suicide using identified statistics
- Use workshops to engage with target group to establish existing lifestyle patterns and alcohol/substance abuse issues
- Findings will link with ***Mojo programme*** to establish feasibility of setting up Sligo based Mojo programme

The Alcohol Forum - Hidden Harm Initiative: Allocated €5000

Part of our Dormant accounts application was to address Hidden Harm. I met with the Alcohol Forum and the HSE to discuss possible proposals. The North West was designated as the pilot area for the hidden harm piece and following these meetings, we requested a proposal from the Alcohol Forum in relation to

developing a Training and Education Strategy and implementation plan for the North West – the proposal was approved by the Task Force at a meeting in November 16.

Connecting for Life Conference: to be allocated €3,200

The balance of €3200 was ring fenced for the Connecting for Life project for Sligo and Leitrim - the purpose of which was to explore opportunities and implement actions to raise awareness of the link between alcohol and suicide and self-harm. To date, I have engaged with Sligo & Leitrim groups and the CEO of the Alcohol forum. Through discussions at these meetings, a conference will be organised which will highlight this issue of national importance, coinciding with the official launch of the **Connecting 4 Life Action plan** in 2017.

17) Joint policing Committees

I have engaged with the JPC's committees in both Sligo and Leitrim in relation to the Sligo City Alcohol Strategy and the proposed Alcohol Bye Laws for County Leitrim.

18) Community Employment Drug Rehabilitation Schemes

The CE Drugs Projects in the North West Division were rolled out on a staged basis with Letterkenny CDP starting the 1st scheme of its kind in the North West in February 2016, thereafter, Sligo Social Services in April 2016 and Rossinver Youth and Community project in June 2016. I made a presentation on the overview of the Drugs statistics and services in the North West at a Department of Social Protection Workshop in Donegal Town on the **27th January, 2016**. The National CE policy unit have facilitated the delivery of the New Program Framework, Revised 9 Point Plan, the Relapse Protocol, and the Support Worker Role for CE Drug Rehabilitation Schemes. I would like to take this opportunity to thank the support of the ETB and HSE reps on the Task Force in assisting me with identifying colleagues to form part of the steering committees for each project

19) Regional Drug & Alcohol Task Force Chairpersons and Co-ordinators network

The Network continued to provide the DPU with a representative group to consult with, and undertake specific areas of work that were relevant to all Regional Drugs & Alcohol Task Forces (i.e. handbook, financial procedures, project monitoring system etc.). The Network offers peer support to the Regional Coordinators in addition to assisting the Coordinators with training and information needs. It represents the views of RDATAF Coordinators as a collective group at national forums and with the DPU in the Dept. of Health. The Network liaises closely with the RDATAF Chairpersons Network to ensure cohesion in relation to strategic priorities. In addition the RDATAF Coordinators network links closely with the LDATAF coordinators network to share information and collaborate on common areas of work. (E.g.

Project Monitoring). As a collective, the RDATA Network develops and implements an overarching work plan in line with the current national substance misuse strategies & policies in Ireland.

20) RDATA Handbook

Please find (**Attached** in **Appendix 1**) amended 2016 RDATA Operational Handbook

The revised version has been updated in the following sections:

- Community Representation
- Travel & Subsistence

21) Verification Visits

The Task Force team engaged in the yearly project verification visits and concentrated on the following areas:-

- Finance
- Policy & Procedures
- Staffing
- Governance

22) Children and Young People's Services Committee

I agreed to be part of the Children and Young People's Services Health & Well-being Subcommittees in County Donegal & Sligo. The central purpose of the Children & Young People's Services Committee (CYPSC) will be to provide strategic direction and leadership to ensure effective interagency co-ordination and collaboration to achieve the best outcomes for all children and young people in each County.

The Subcommittee will contribute to the development and implementation of a three year Children & Young People's Plan (CYPP) designed to improve outcomes for children and young people in County Donegal. The CYPP will be informed by the CYPSC member agencies and will have a specific regard for the voice of children and young people and be linked to all member agencies service plans including all other local and regional plans such as the Local Economic and Community Plan. The CYPP outlines CYPSC priorities and includes:

- A socio-demographic profile of the County;
- An audit of services for children and young people in the County;
- An analysis of the needs of children and young people living in the County ;
- A detailed action plan mapping the committee's planned actions to respond to its priorities;

CYPSC members will work together to leverage and make best use of existing funding to deliver on the objectives of the CYPP. Where funding opportunities arise, the best placed CYPSC member Agency will make the application and act as lead agency for that piece of work.

23) Mojo Programme

I have engaged in a Sligo Interagency meeting in relation to the setting up of a pilot **Mojo programme** for County Sligo. The Task Force via the Dormant Accounts funded Sligo Leader Partnership (€3,000) to:

- Map target group of men at risk from suicide using identified statistics;
- Use workshops to engage with target group to establish existing lifestyle patterns and alcohol/substance abuse issues;
- Findings will link with Mojo programme to establish feasibility of setting up Sligo based Mojo programme;

The Mojo Programme (an interagency response to men at risk of suicide) is an evidenced based (skills building and personal development) training programme for men at risk of suicide, which has demonstrated outstanding outcomes, resulting in transformational change for the majority of men attending the programme.

2. Progress made in 2016 in implementing your local drugs strategy under each of the five headings below (i.e the five pillars of the NDS):

Treatment & Rehabilitation & Prevention & Education Task Force funded projects listed below continue to address these issues and emerging trends, i.e.

NW 4: The White Oaks After-care worker continues to prevent relapse amongst clients through the provision of aftercare services and the provision of additional support for the service users & their families and acts as a conduit to other treatment services as required.

NW 14 & NW 15, NW 18: The Holistic Therapy programmes in Sligo, Leitrim & Donegal continue to directly address the increasing levels of substance misuse by working in partnership with existing services and opening up alternative avenues for treatment and rehabilitation in the North West region.

NW 19 & NW 25: The Assertive Outreach workers continue to work closely with the statutory services and act as a conduit to existing services and continue to initiate community based harm reduction programmes to address the issues of drug/alcohol related harms in the North West region.

NW 20: Young Men's Programme: This project engages with prisoners and ex- prisoners in the prison programme in relation to treatment and rehabilitation. After release, it continues to support families and parents of young men in recovery in addition to the provision of counselling and supports to drug users.

NW 23: Substance Misuse Programme: This project continues to improve the health and wellbeing of homeless drug users, adult drugs users and recovering/stabilised drug users by supporting them in accessing and engaging with specialist rehabilitation services.

NW 27: Strengthening Families Programme: The programme continues to coordinate family support programmes, which minimise the impact of alcohol and drug misuse children, young people at risk and their families.

NW 21: the Homework Club: continues to promote the value of education in the Traveller Community in Sligo in addition to modifying the problems of alcohol and drug misuse by providing a positive, supportive and educational environment for young children at risk and their families.

NW 5, NW 12, and NW 13: The Youth Drug & Alcohol Workers in Sligo, Leitrim and Donegal continue to deliver high quality drug education programmes. They continue to address the issues of alcohol and cannabis misuse with young people and parents in out of school settings, which has consequently increased knowledge about the dangers of drugs and alcohol and changing attitudes to it.

NW 24: The project continues to support parents who need a support system for their parenting within a 'chaotic' family life. For example those who state that they are currently misusing drugs including cannabis, alcohol and prescription medication.

In all cases, these parents will receive one-to-one support and advice from Parent Stop and will be guided to seek parent support through their social worker, care order, legal advice and counsellor advice. These service users are at a very early stage of approaching care access and on the pathway to treatment.

NW10: The Education Plan Project continues to up skill and train front line staff in early intervention skills around the treatment of drug and alcohol related harms, in addition to creating pathways of education and skills and supporting those in recovery to rehabilitate.

NW 28: Training & Development project has enabled the up skilling and continued professional development of front line workers in specialised training with positive evidence based treatment outcomes, which play a powerful role in encouraging and discouraging drinking and drug use in the North West.

Supply Reduction: Garda and Customs & Excise Representatives are regular attendees at Task Force meetings and keep members informed of emerging issues in the region.

Ongoing Actions:

- NWRDATF continues to advocate for changes to alcohol advertising and availability;
- NWRDATF continues to call for the enforcement of under-age drinking legislation;
- NWRDATF continues to support development of community based diversionary activities for youth at risk of substance misuse;
- NWRDATF Management and staff continue to identify opportunities for working with communities in areas most affected by drug and alcohol misuse;

Research: An extensive piece of research was undertaken by **Consultants Crowe & Howarth**. The research was undertaken using a number of methods, principally desk research and qualitative research, i.e. consultation with key stakeholders in the region. In addition, a brief high-level overview of evidence in respect of approaches to substance misuse, particularly community-based responses, was undertaken. This is intended to inform the research as to the most appropriate types of interventions to consider when responding to the particular needs in the region.

The stakeholder consultation comprised a series of interviews, by phone or face-to-face, with key stakeholders, primarily the members of the Task Force and of the subgroups. Interviews were conducted one-to-one and in groups. Extensive notes were taken and these were reviewed and analysed to extract the key themes (**Attached in Appendix 1**)

Awareness: The Task Force regularly updates its website and its Facebook page which provides up to date information on drug and alcohol awareness issues and news and events. By linking with 3rd level colleges, it regularly hosts drug & alcohol awareness events/roadshows and for the first time last year it had a presence at Music and Performance Arts Festival (Sea Sessions) in Bundoran, handing out leaflets and advising festival goers on how to be keep safe and healthy during the festivities.

3. Profile of NWRDATF funded projects to include the following:

- An analysis of the impact of NWRDATF projects, as a group, in addressing the drugs problem in your area and their continued relevance to your local drugs strategy:

Project	Pillar/Subgroup	Strategic Plan Action	Output
NW3	Prevention & Education	Awareness	I have engaged with the JPC committees in both Sligo and Leitrim in relation to the Sligo City Alcohol Strategy and the proposed Alcohol Bye Laws for County Leitrim
NW3	Prevention & Education	Research & Strategy	The Task Force developed a Research and Review for the NW which outlined the current extent and nature of the drug & alcohol problems in the region as well as outlining the extent to which current service provision meets the identified needs under the National Drugs Strategy pillars. This document will help the Task Force address gaps in programme or service provision.
NW3	Prevention & Education/Treatment & Rehabilitation	Governance procedures	All projects received verification visits in order to carry out governance in accordance with the Project Evaluation Sub Committee Group.
NW3	Prevention & Education	Optimise the use of ICT in drug & alcohol awareness initiatives	Staff team continued to optimise the use of the DATF website through social networking, on line access to information and publications and links to other stake holders.
NW3		Drug & Alcohol Awareness Weeks	Staff team and project ran an annual drug & alcohol awareness week in Letterkenny IT & Sligo IT.
NW3	Prevention & Education	Knowledge Sharing	Staff team regularly distributes current developments in relation to drug policy and issues to all projects and stakeholders in the Region and produce information leaflets around alcohol and drug awareness on an ongoing basis.
NW10, NW13	Prevention & Education	Diversionary Programmes	Education Co-ordinator rolled out various training in school settings, in order to address emerging needs regarding NPS. Youth Outreach Worker and the Education Plan Co-ordinator collaborated on providing a response to this in Donegal.
NW13, NW5, NW12, NW 25, NW 27, NW 23	Prevention & Education	Diversionary Programme	Projects ran St Patricks Day Alcohol Free events funded by the Small Grant Initiative. Projects also ran Summer Activity Programmes which targeted youth at risk.
All Task Force funded project and HSE addictions services	Prevention & Education/Treatment & Rehabilitation	Knowledge Sharing	Service User Involvement training took place on the 19th of May 2016 with 30 participants from the Voluntary and Statutory services. The training assisted projects and the task force to change the culture of service user involvement.

Progress under each Pillar (Prevention & Education) FORM A

Outlined, below is intended to enable the Department to identify how the Task Force projects relate to the NDS Pillars and contribute to the progress under each pillar below:

DRUG & ALCOHOL TASK FORCE: North West	
Pillar *:	Prevention & Education
Relevant NDS Actions :	Actions 19, 23, 26, 28, 29, 30, 56
DTF objective:	<p>Action 19: Develop a framework for the future design of prevention and education measures in relation to drugs and alcohol, using a tiered or graduated approach.</p> <p>Action 23: Implement SPHE in Youthreach Centres of Education and in Youth Encounter Projects and ensure that substance misuse policies are in place in these recognised Centres for Education. Implement age appropriate substance prevention/awareness programmes in training settings, including VTOS and Community Training facilities. Introduce monitoring and follow-up procedures in relation to substance prevention activity in the above settings.</p> <p>Action 26: Implement a uniform set of drugs and alcohol education standards, using the DEWF framework being implemented by Drugs Task Forces at present.</p> <p>Action 28: Develop a sustained range of awareness campaign that:</p> <ul style="list-style-type: none"> • Complement national campaigns • Optimise use of ICT • Consider co-ordinated approach <p>Target:</p> <ul style="list-style-type: none"> • 3rd level institutions, workplaces and recreational venues • At risk groups • Drug users. <p>Action 29: Develop a series of prevention measures that focus on the family under the following programme headings:</p> <ul style="list-style-type: none"> • Supports for families experiencing difficulties due to drug/alcohol use • Parenting skills • Targeted measures focusing on the children of problem drug and/or alcohol users, to break the cycle and safeguard next generation.

	<p>Action 30: Develop selective prevention measures aimed at reducing underage and drinking.</p> <p>Research</p> <p>Action 56: Develop a research management framework concerning problem substance use in Ireland. Disseminate research findings and models of best practice.</p>
<p>Outcomes:</p>	<p>NW5 Youth Drug & Alcohol Education & Prevention Project, Leitrim</p> <p>Action 26</p> <p>All programmes were delivered in the context of Foróige's Tobacco, Alcohol & Drugs Policy and Guidelines which adhere to the DEWF Quality Standards in Substance Education. Programmes were evaluated using Foróige's Evaluation Framework (Review, Assess, Plan, Implement and Evaluate) to identify increases in knowledge and changes in behaviour on the part of young people involved in the programmes.</p> <p>As part of the project's Service User Involvement implementation 11 young people took part in research by the Centre for Research in Social Professions (CRiSP) Department of Social Sciences, IT Sligo. This enabled them to voice their opinions about changing provisions for young people in Co. Leitrim and accessibility to services. Young people stated that they were privileged to be asked for their views and opinions, <i>"they had a sense of belonging to the project and project staff"</i>. 23 young people were also consulted re: design of new brochure/leaflets/posters for the project. Young people's voices were heard and 100% of their suggestions were implemented into the designs. Designing the fliers created more awareness and discussion on the effects of alcohol and drugs and young people engaged positively in creating awareness of the project.</p> <p>Action 29</p> <p>17 individual families benefitted from family support through the project with the project being involved in the Meitheal process for specific families and linking in with the South Leitrim Family Support Network. Appropriate interventions for families dealing with substance use/misuse were provided in a coordinated approach. Presentations were made to parents within the school setting through these parents were provided with up to date and accurate information re: substance use.</p> <p>Action 30</p> <p>All programmes were run in the context of ownership over the programme by the young people involved to promote collaboration and participation. There was an increase in expected numbers of young people engaged in the project in 2016. 74 young people completed primary (focus on preventing the onset of drug use/experimentation) prevention programmes. As a result of the programme young people increased their knowledge, and dispelled common myths about drug and alcohol use and its impacts. They learned new life skills which they were able to apply to cope with drug related situations and to identify and engage in healthy behaviours in their own community.</p>

Young people gained an understanding of the long-term consequences of substance use, *"It taught me not to do drugs, smoke or drink". "It made me think about people who grew up like me and turned to violence so I'm happy I had this programme to help me"* and demonstrated an ability to make informed decisions in their lives e.g. in relation to substance use and dealing with stress.

101 young people completed secondary (focus on preventing the escalation of drug use and/or reducing the harm associated with drug misuse) prevention programmes. As a result of the programme young people were able to identify why some young people choose to take drugs/alcohol and ways to say no effectively. They were able to recognise and change negative behaviours and identify changes that needed to be made in relation to their substance misuse, mental health/positive well-being, *"the group made me look at things from a WHOLE different view". "it made me think about the effects of alcohol on the body and mind"*. The identification and acceptance of staff as a supportive person was an important outcome in helping the young person make the changes they wanted.

15 young people engaged in individual work programmes. There was full and positive engagement in the programme by young people with a reduction in alcohol/cannabis use and a reduction in criminal behaviour associated with cannabis use. Young people expressed an increase in knowledge re: substance use and a capacity to avoid people and situations that would influence them badly, *"I know I need to hang out with better people who don't influence me badly, that's a change I have to make"*. Parents and carers were able to confirm a reduction in turmoil and difficulty in home life and improvements in behaviour. Schools principals and chaplains confirmed better attendance at school and less difficulty in school setting. There was a noticeable uplift in the mood and positive outlook on life of young people taking part in the programme.

15 young people from the primary prevention group engaged positively in St Patrick's Day drug and alcohol free event. These young people are now able to identify other ways to have fun that does not involve alcohol or drugs. 14 young people from secondary prevention groups whom are in high risk category were engaged on a long term basis in activities promoting participation in St Patricks Day Alcohol and Drug Free event. Ongoing activities and a drop in facility enabled high risk young people to attend programme every week, seek support from staff on weekly basis, hang out with their peers in a safe environment and learn new skills which they otherwise would not get an opportunity to do.

89 young people identified as being most at risk of substance misuse took part in a 6 week summer programme which enabled them to identify and demonstrate an ability to participate in positive and drug free activities that they may otherwise have been excluded from.

Participants were able to build upon professional relationships with staff.

Young people identified that the programme enabled them to be more social and that it provided them with “time to think”.

2 young people were referred to the International Fund for Ireland, Youth Development Programme to enable them to avail of the Out of School/ Training/Employment opportunities.

36 young people engaged positively in a preparation for college initiative to complement the drug education programmes which were carried out over the previous 5 years. This safeguarding programme equipped young people with the skills to manage drug & alcohol related situations in a college/work setting.

NW10 Education Plan

Action 56

This project in 2016 continues to concentrate on delivering an Education Plan, which can directly train staff in care, planning, key working and case management.

The education plan has helped establish research into pilot studies involving mid wives screening for Foetal Alcohol Syndrome.

The Education Plan carried out a survey of training needs assessment in 2015 of all projects and stakeholders in the North West Region. The results of this enabled the Co-ordinator to generate a programme of training in 2016 for front line workers and also provided a link for resourcing training for schools when an emerging need arises in the region. Collaboration with

- Alcohol Forum
- Letterkenny University Hospital
- HSE
- Pilot project completed
- Evaluation of Pilot Project completed
- Redesign of Midwives handbook commenced
- Design of new training for midwives commenced

Training and courses commenced in 2016 with a delivery of an Introduction to Hidden harm Training sessions. 2016 Training Calendar *(Attached in Appendix 1)*

NW12 Youth Drug & Alcohol Education & Prevention Project Sligo

Action 23

Project Staff linked in with the coordinators of Youth Reach and the CTC to organise and facilitate Individual Work Programmes at suitable/appropriate times for young people to address substance use issues.

Action 26

All programmes were delivered in the context of Foróige's Tobacco, Alcohol & Drugs Policy and Guidelines which adhere to the DEWF Quality Standards in Substance Education. Programmes were evaluated using Foróige's Evaluation Framework (Review, Assess, Plan, Implement and Evaluate) to identify increases in knowledge and changes in behaviour on the part of young people involved in the programmes.

As part of the project's Service User Involvement implementation 46, young people were consulted re: design of new brochure/leaflets/posters for the project. Young people had the opportunity to input their views into the design & content of promotional material giving them a sense of achievement & increasing their confidence as all their suggestions for the brochures and posters were included & are illustrated in the promotional material. The process created greater awareness of the project & where to access relevant Drug & Alcohol information.

Action 29

Individual families benefitted from family support through the project with the project being involved in the Meitheal process for specific families. Parents of young people in one to one or groups were provided with up to date and accurate information re: substance use and kept informed on their young person's progress. Appropriate interventions for families dealing with substance use/misuse were provided in a coordinated approach with interagency planning and programme implementation.

Action 30

All programmes were run in the context of ownership over the programme by young people involved to promote collaboration and participation. There was an increase in expected numbers of young people engaged in the project in 2016.

106 young people completed primary (focus on preventing the onset of drug use/experimentation) prevention programmes. As a result of the programme young people increased their knowledge *"I never knew that alcohol was a drug"*, and dispelled common myths about drug and alcohol use and its impacts. They learned new life skills which they were able to apply to cope with drug related situations and to identify and engage in healthy behaviours in their own community. Young people gained an understanding of the long-term consequences of substance use and identified and practised methods of resisting peer pressure and effectively say no to drugs and alcohol *"practising how to say no has given me the confidence to be able to say no if my friends or anyone else tries to get me to smoke or drink"*.

46 young people completed secondary (focus on preventing the escalation of drug use and/or reducing the harm associated with drug misuse) prevention programmes.

As a result of the programme young people were able to assess the risks and consequences of their decisions in relation to substance use and related issues, enhance their communication and decision making skills to prevent or reduce harm for themselves and others around them and make informed choices about their substance use, *“alcohol doesn’t affect just you, we never thought about how it affects our families because they might be worried or about how people in the community might be intimidated by young people being drunk and daft”*.

They were able to apply practical strategies to manage substance related situations and access information, supports and services available to them, *“anymore we’re always going to go out with a close friend or someone we know really well because then it is easier for us to say no, we wouldn’t have feel as pressured because we could leave together if we weren’t comfortable”*. Young people were more self-resilient, self-reliant and confident.

Seven young people engaged in individual work programmes. Young people were able to recognise that their peer group can often influence the decisions they make and from this identified strategies to minimize the influence of their peers e.g. one young person stated that he now realizes that he does have a choice and doesn’t have to drink or smoke cannabis just because his friends are. Young people were able to identify that their decisions can have positive & negative outcomes in particular on their capacity to access educational options and took steps to change this i.e. one young person stated *“in the last while I haven’t been drinking or smoking so I’m not in trouble at home and I haven’t missed a day in Youth Reach”* while another has significantly reduced his use of cannabis stating *“When I was smoking every day I couldn’t really be bothered going to FAS now I’m only using a small bit at the weekend because I really want to get back in, I’m bored at home”*. Young people also gained greater understanding of the impact of their actions on family and friends *“we now understand how much stress and worry we caused our mum when she found out we were smoking (cannabis), like we are a really close family and it was awful to see our mum couldn’t trust us”*.

Fifty two additional young people attended a youth friendly event on St Patricks Day in Tubbercurry which included an inflatable laser tag arena, arcade games, music, prizes and giveaways.

This resulted in high risk young people taking part in activities that diverted them from substance misuse on St Patricks Day & building a positive relationship with project staff.

Twenty young people took part in a 6 week summer programme which enabled them to apply themselves in positive, age appropriate activities in and outside of the project. They discovered the positives of alternative activities and developed constructive relationships with project staff. Many of these young people would have been categorised as hard to

reach.

Through building relationships with project staff in the summer programme, twenty four young people went on to participate in the Drug and Alcohol programme running in September while others who had previously taken part in programmes re-engaged to maintain their connection with and support from the project.

Project staff have trained and supported the school Chaplin in St Attracta's Community School, Sligo to implement the project's drug and alcohol programme during the school timetable with young people in the senior cycle who otherwise would not engage.

NW13 Youth Drug & Alcohol Education & Prevention Project Donegal

Action: 19

This project in 2016 designed and implemented a high volume of quality drug education programmes as appropriate for under 18s. Promoting healthier lifestyle choices amongst young people in particular those using or at risk of using drugs/alcohol, by equipping them with the knowledge, skills and attitudes to enable them to make positive informed decisions around their own behaviour.

In 2016 Tobacco, Alcohol and Drugs Policy guidelines had been revised within Foroige to further support young people, parents, volunteers and staff. It outlined the different levels of support, education and intervention available for individuals at risk of or engaged in different levels of substance misuse.

In 2016 young people completed a distance star activity pre and post programme:

The Distance star is an evaluation tool, young people rate themselves on a scale of 1 to 5 on the following;

1 being least 5 being most

- Listening skills
- Communication skills
- Knowledge of drugs and alcohol
- Confidence
- Self esteem

- Ability to say "NO"
- Responsible decision making
- Identifying my strengths

In 2016 Moville FRC group had significantly increased their drug knowledge score from on average 2 to 4 points. This was also evident in the evaluation with comments such as *"I have learned how bad drugs are and how they affect the way your brain and heart works"*.

Raphoe FRC group also increased their drug knowledge score significantly by 2 points, this also reflected in their evaluation one young person stated *“ alcohol is a depressant and is broken down mostly by the liver” , “alcohol slows down your brain” “I didn’t know alcohol was a drug”*

Through scenarios young people stated what they believed to be the most responsible actions and possible consequences. Raphoe FRC group increased their decision making score from on average 2 to 4 points. This was also identified through evaluation form, one young person stated “ I've learned how to say NO to smoking, because i don’t want to get addicted to it”.

The ripple activity worksheet identified how drugs and alcohol not only affect the users but their family and community. A young person from Ballybofey/Foroige Club stated “ I never thought about how someone's drinking can affects so many people from their parents to staff in a hospital” Raphoe FRC had a similar statement “ It’s so selfish for one person's drinking to hurt so many others”

Action 23

Implemented age appropriate substance prevention / awareness programmes in training settings, including Community Training facilities e.g. Youth Reach. In 2016 the project also ran with funding from the NWRDATEF a Youth Consultation Day which was co hosted by Donegal Youth Project. The feedback from this event is available from the NWRDATEF. The day included topics as set out by a youth focus group and all topics discussed on the day were requested by the Transition Year Students. A total of 4 schools attended this event and all were offered information on prevention and education of drugs and alcohol. This event was ran in Donegal Town and included schools in Bundoran and Killybegs.

Action 26

The project worker in line with DEWF standards implemented both primary and secondary prevention programmes in accordance with best practice in drug and alcohol education and prevention. In 2016 the project has been asked to do some work with youth at risk in an in school setting which has become increasing trend throughout the region. This project also experienced an increase in 2016 of clients who were using or being asked to use synthetic drugs such as blue dragon. This is a direct result of the close proximity to the border with Northern Ireland.

This triggered an emergency response by other agencies including, Gardai, CALMS, Donegal Youth Service, Jigsaw and HSE representatives who as a group met over a period of time to address the spike in use.

Action 29

There has been a steady increase in the work completed with families having trouble with children at risk.

Action 30

The project has been involved in a number of programmes throughout the county, which targets youth at risk and tailors courses to suit individual needs of the youth groups. The project is responding to different needs having young people at the centre, they value their input through planning, design and evaluation of the content.

All programmes are run on a needs basis therefore any emerging needs are addressed.

NW21 Afterschool Project (Traveller Community)**Action 29**

The Afterschool Project operates under the structure of Sligo Traveller Support Group. It provided a safe and secure environment for young people whose home life was impacted on by drug and alcohol misuse. 30 young people attended daily, 5 days a week. This has added to a sense of routine becoming more embedded into their way of life. Through the project young people became more capable of participating in school activities. Both the young people and their siblings/parents engaged more consistently with the education system. Teacher and school reports identified improvements in children's abilities, positive changes in behaviour, attendance and improvements ongoing. Young peoples' skills and competencies have developed due to better attendance and improved confidence. Some have developed in their ability to see the difference between those who are experiencing the negative impacts of drug and alcohol misuse behaviours and those who are not subjected to it in their daily lives. Through the project young people are questioning the current circumstances for themselves and starting to explore how to make things better. They are beginning to interact with persons from the wider population with a greater sense of assurance.

27 additional young people took part in the Easter and Summer camps and Christmas events. Through these activities the young people, their siblings, 33 parents and teachers were able to participate in and recognise the benefits of a substance free, carefree environment which facilitated healthy learning and positive social interaction for all. Individuals and families recognised that there is an alternative way of interacting with each other without the need for alcohol to be involved.

STSG staff observed improved social interaction and integration between more and different families in the urban area of Sligo. There is also increased participation and support seeking from families in rural areas which indicates an increasing interest in education being developed.

<p>NW24 Parentstop Action 29 The Parent Stop project continues supporting families and sign posting them to much needed services.</p> <p>The project continues to engage in joint working with Children Services Committees. A needs assessment on delaying the age and supporting families on staying on in school initiatives has continued in collaboration with Strengthening Families Programme.</p> <p>In 2016 parents and children were increasingly being advised of other support services that may be a benefit to them. Parents / Guardians, grandparents and children had access to a support service that was timely and responsive and met their needs.</p> <p>The Project is continuing to promoting positive parenting and focuses on key parenting messages for delaying the age of making risky lifestyle choices; coping with substance misuse in the home; and coping with the impact on families.</p> <p>NW27 Strengthening Families Programme Action 29 The project developed capacity and training in a range of agencies and interventions for drug and alcohol issues to support children, young people and their families again this was restricted to Donegal County in 2016. The project continues to improve Interagency awareness and verbal commitment to support roll out by participants. This year this project has ran four programmes in 2016. Programmes were held in the first two quarters, two further programmes ran in between September and December 2016.</p>		
Category **	Project Code	Project Name
Prevention & Education	NW5	Youth Drug & Alcohol Worker Project, Leitrim
	NW10	Education and Prevention Co-ordinator
	NW12	Youth Drug & Alcohol Worker Project, Sligo
	NW13	Youth Drugs & Alcohol Service, Donegal
	NW21	Afterschool Project (Traveller Children)
	NW24	Parentstop - Tackling Drugs & Alcohol
	NW27	NWAF Family Support Programme
	NW28	Training & Education Budget

➤ **Progress under each Pillar (Treatment & Rehabilitation) Form A**

Outlined, below is intended to enable the Department to identify how the Task Force projects relate to the NDS Pillars and contribute to the progress under each pillar below:

DRUG & ALCOHOL TASK FORCE: NORTH WEST	
Pillar *:	Treatment & Rehabilitation
Relevant NDS Actions:	Actions 32, 36, 41, 43, 44
DTF objective:	<p>Action 32: Develop a comprehensive integrated national treatment and rehabilitation service for all substance users using a 4-tier model approach. This will incorporate:</p> <ul style="list-style-type: none"> ▪ the ongoing development of the spread and range of treatment services; ▪ the recommendations of the Report of the Working Group on Drugs Rehabilitation; ▪ the recommendations of the Report of the HSE Working Group on Residential Treatment & Rehabilitation (Substance Abuse); and the provision of access to substance misuse treatment within one month of assessment. <p>Action 36: Continue to develop and implement across health services the screening/ assessment of people presenting with early indicators of drug and alcohol issues, utilising a uniform brief intervention tool, and including referral where appropriate.</p> <p>Action 41: Support families trying to cope with substance - related problems, in line with the recommendations of the Report of the Working Group on Drugs Rehabilitation.</p> <p>Action 43: Continue the expansion of treatment, rehabilitation and other health and social services in prisons.</p> <p>Develop an agreed protocol for the seamless provision of treatment services as a person moves between prison (including prisoners on remand) and the community.</p> <p>Action 44: Address the treatment and rehabilitation needs of:</p> <ul style="list-style-type: none"> ▪ Travellers; ▪ New Communities; ▪ LDBTs; ▪ Homeless; and ▪ Sex Workers <p>This should be facilitated by engagement with representatives of those communities and/or services working with those groups as appropriate.</p>

Outcomes:

NW4 Whiteoaks

Action 32

The project continues to runs after care programmes in four different locations in both Sligo, and Donegal. They provide on-going support to all those attending relapse groups and linking in with other NWRDATF projects. They also provide follow up and relapse one to one counselling sessions when relapse groups are not accessible to individuals, and conduct exit interviews from treatment on a weekly basis going into recovery.

This project continues to encourage more support through telephone and one to one follow-ups of individual service users and families on a monthly basis over the two year aftercare period. Service users are continuing to link in with other NWRDATF projects primarily Assertive Outreach Workers in both Sligo and Donegal.

In 2016 there were 54 out of 54 Service Users, from January 1st, that had been referred to step down and aftercare from primary care treatment. Those eligible to participate in the Aftercare Programme were both male and female Service Users over 18 years old who had completed primary care residential treatment from alcohol, drugs and gambling. These Service Users had been discharged with staff approval or referred to another treatment centre.

In 2016 Service Users completed the six weeks, which included six meditation relaxation sessions and were practising relaxation/ breathing techniques on their own at home on a daily basis.

Sessions in 2016 presented and discussed six of the following recovery themed lectures: Spirituality Core Beliefs, Character Defects & Cognitive Distortions, Self Esteem, Self-Pity and Poor Me's and Gratitude, Anxiety and Depression, and Assertiveness.

All Service Users were therefore in a better position to help new peers in the Peer Recovery Group. Service Users have completed 7 steps of introduction to CBT "Self Help Course in CBT" in 2016.

NW14 Holistic Therapy – Sligo

Action 32

This project functions as a Tier 2 project within the 4-Tier model. It operates through Ballymote FRC providing a county wide service. The project has developed and continues to build on effective working relationships with HSE Addiction Services, Mental Health Services, NWRDATF Assertive Outreach Workers, local GPs and support groups (AA & AL-ANON) with ongoing and positive referral of service users from HSE Addiction Services. This has resulted in constructive and effective collaboration with all agencies supporting people in recovery from addiction. Consistent and open communication has been a feature here which has built mutual trust between service users and services partners. Uptake of new service users has increased with a reduction in service users needing to re-engage with the programme.

47 people accessed the service in 2016. Service users developed the ability to change in a positive and meaningful way. They acquired enhanced coping behaviours while an increase in their self-esteem and self-worth led to the re-building of relationships within their family and work place. Through the FRC's structure, service users accessed additional supports for their treatment and rehabilitation. These included childcare, education/training, volunteering/community involvement options, and social networking opportunities. The access to childcare has contributed to reducing the barrier of childcare for those accessing services resulting in less stress for the service users.

Action 41

Due to budgetary constraints, the focus of this programme is on the individual requiring treatment supports however, families were supported through referral to other FRC services and external agencies. Additional supports and networks can be accessed through the services provided by the FRCs as identified in Action 32.

NW15 Holistic Therapy – Leitrim

Action 32

This project operates as a Tier 2 project within the 4-Tier model and is embedded within Breffni (Carrick-on-Shannon) and Mohill FRCs. The project continued to build on effective working relationships with HSE Addiction Services and local GPs and maintain its informal link to 12 step programmes NA and AA through these groups' use of Centres. This increased referral e.g. to CAMHS and treatment options for service users. 16 service users engaged in Brief Therapy sessions. Through these sessions service users were able to identify and prevent relapse (none of the Brief Therapy service users self-identified relapse), improve relationships with their family members and neighbours, improve their overall health ('self-care') and take an active role in local and regional supports (related to target groups, e.g. Men's Group, IT training for unemployed etc.). As an add-on to Brief Therapy 34 service users availed of the Drop-In service. Service users' feedback on this support was 90% positive with clients reporting increased relaxation and confidence. 18 service users also accessed the SMART Recovery Peer Support Group with 468 attendances. This Group operated on a voluntary basis but complemented and added value to the Holistic service funded through NWRDATF. The continuity (52 weeks) of this group was identified as a positive element in maintaining recovery for service users. Service users have the opportunity to self-identify their leadership capacity and take a leading role in the support group.

Alcohol and Drug Awareness sessions were offered to the wider public, young people and the Traveller community. Target groups did not wish to engage although individual members availed of other services. The challenge is to engage participants at risk to empower themselves. In 2017 a different approach will be used to build these information sessions into other activities in order to engage with the target populations. Through the FRC structure the project offers additional support services to those in recovery from substance misuse including childcare; education/ training; job club; volunteering/community involvement options; men's and women's support groups; specific support groups (ADHD,

bereavement supports); personal development; and social networking opportunities.

Links with other community based services and targeted provision of information helped publicise the service and facilitate referrals and self-referrals.

Action 41

Due to budgetary constraints, the focus of this programme continued to be on the individual requiring treatment supports however, families were supported through referral to other FRC services and external agencies. Additional supports and networks can be accessed through the services provided by the FRCs as identified in Action 32.

NW18 Holistic Therapies – Donegal

Action 32

The project in 2016 continued to coordinate a programme of holistic therapies by working in partnership with existing services and initiating new avenues to the treatment and rehabilitation of those suffering drug addiction and their families. The project reported a good up-take in those accessing the service and highlights many referrals from NW 25 outreach worker service.

The project is operating on Tier 2.

In 2016 the Holistic Therapy Project in Letterkenny offered 6 sessions of therapy to each participant over a period suitable to their needs. The therapies they could choose included: Reflexology, Reiki, Indian Head Massage or Auricular Acupuncture.

Action 36

Service is being used as a brief intervention tool, which is well received by service users. Participants and Service Users gain an awareness of the benefit of taking time to relax and reduce stress in their lives.

Action 41

Holistic therapies Introduced group work to engage with families of service users and volunteers. Holistic therapies that are hosted within LCDP are linked in with CE staff who work in the area of Family Support and group work. Holistic Therapy in Donegal links in with the community and voluntary sector to access suitable premises for carrying out the Holistic Therapy Programme.

The project in 2016 ran the holistic programme from eight community premises throughout Donegal County. Breakdown as follows: 1 in Donegal Town, 1 in Bundoran, 3 in Letterkenny, 1 in Moville, 1 in Redcastle, 1 in Lifford. Donegal Holistic Therapies had in 2016 a panel of ten therapists.

The Holistic Therapy Project continued to link with the Therapists on their Panel, along with the Community & Voluntary Sector, Addictions Services and G.P.s to ensure a collaborative approach to the Holistic Therapy Programme.

NW19 Assertive Outreach Worker – Sligo

Action 32

This project operates as a Tier 2 project within the 4-Tier model approach and includes Sligo Town and environs. In 2015 it undertook a pilot outreach initiative within the Caltragh community which had been identified through links with Sligo Co. Council services as having specific issues relating to substance misuse. This pilot was reviewed in 2016. As there had been no significant take up on this service it was decided after evaluation to hold service provision for now until further contact and discussions are held with Caltragh Co-Op. To facilitate its reach throughout Sligo Town and environs the project continued to link in with and develop its relationships with other agencies and organisations including: other NWRDATF projects, HSE Addiction Service, Social Services, Cranmore Re-generation, Focus Ireland, Simon Community, HSE Social Work Team, Domestic Violence Advocacy Service (DVAS), Sligo Borough Council, Gardai, VEC, Whiteoaks Treatment Centre, Probation Service, Probation Resettlement Service (Irish Prison Service), , GP's and Social Work Department Sligo General Hospital.

The project provides counselling, referral and accompaniment to other services for those presenting with substance misuse. The project uses a variety of approaches to the treatment of substance misuse including Community Reinforcement Approach (CRA), CBT, Motivational Interviewing and Brief Solution Focused Therapy. 31 service users engaged with the project in 2016. Through the service they were able to develop a greater sense of awareness around the harm their substance misuse is causing them, the triggers & high risk situations that lead them to substance misuse & have developed their own relapse prevention plan. They identified varied supports in their communities from education and training through to self-help and mutual support organisations and are engaging more consistently with their families. Clients have a framework to look at any possible lapses in the future (relapse functional analysis) to prevent a longer relapse. Positive outcomes for clients, even those still in active use included a reduction in drinking, being able to pay their bills and feeling for the "first time in a long time" more able to cope.

Relapse prevention is provided for those in recovery through the project itself or through joint working/referral to other services – HSE/WhiteOaks supported services. The Facilitated Group Therapy – Relapse Prevention Group worked with 8-10 group members weekly. Members have a decreased feeling of isolation, are able to practice mindfulness techniques and have a greater capacity to understand how their thoughts affect their emotions and use mindfulness techniques to stay connected with themselves and manage stress in their lives rather than turning to substance use. Clients within the group reported a decrease in lapses.

In 2016 the project continued to run LifeRing – a peer led-support group for those in recovery. The worker based in the Northside developed a workbook in 2016 to further support LifeRing service users. Through the LifeRing programme 5 service users gained a better understanding of other forms of support which allowed them a choice in their own recovery plan.

By engaging with the group they were able to discuss their own needs and concerns and use the cross talk methodology of the group to make more informed and sustainable decisions on their own recovery.

The project continued to provide a link person for Drug Related Intimidation Statistical Reporting in Cranmore area.

The project was an active member of the NWRDATF Treatment and Rehabilitation Working Group throughout 2016.

Action 41

This project provides support to families of substance misusers through counselling and advice, links and referral to other services. The project actively recognises the role of the family in providing support to the recovering drug user. In 2016 it continued to provide a Counselling Service for 14 Concerned Significant Others (CSO's) which incorporated the Community Reinforcement Approach and Family Training programme (CRAFT). By providing CSO's with evidence based and evidence informed approaches the project enabled them to support their own mental health, increase their self-esteem & reduce stress levels. They were able to engage with their loved one in non-drinking behaviour and assertively disengage for drinking behaviour – allowing natural consequences. CSO's were able to use their knowledge about their loved ones drinking patterns and triggers to create optimal conditions for change. With less conflict in the home, life for both the Concerned Significant Other and the wider family was enhanced regardless of whether the substance misuser engaged in treatment or not.

NW20 Traveller Men's Programme

Action 32

This project operates as a Tier 2 project within the 4-Tier model approach. As part of this approach, the project has linked with other agencies and organisations including other NWRDATF projects; Assertive Outreach Sligo, Sligo, Mayo, Donegal, Leitrim, Roscommon, Limerick and Kerry Traveller Projects, HSE Addiction Service – Charter House, Sligo Co Council/Housing services, FRC'S in Sligo Town and County, Gardaí, Probation Service, Mental Health Services and Domestic Violence Advocacy Service (DVAS).

Action 41

Sligo Traveller Support Group utilised the connections made with participants on their Traveller Men's Programme to access extended family members both to create awareness of substance misuse and identify those in need of support. As part of their awareness raising on substance misuse both service users and their siblings gained a greater understanding of substance misuse issues.

4 service users' families awareness was heightened with them becoming aware of the range of options available to support and/or initiate recovery. They were also able to access referrals to counselling services for substance misuse.

Action 43

In 2016 the prison link element of the project's programme in Loughan House funded by the Drug and Alcohol Task Force was wound up. As part of a process started in 2015 in conjunction with the HSE and NWRDATF the project undertook the process of moving towards a broader community model in its work with Traveller men.

The project continued to identify a need for a prison based service in both Castlereagh and Loughan House. This need is highlighted by Irish Prison Service Statistics on the proportion of Travellers in the prison population. Sligo Traveller Support Group submitted a funding application to St. Stephen's Green Trust to support the element previously funded by the Drug Task Force to try to ensure continuation of programme.

Action 44

The project is embedded in the Traveller Community. The sponsoring organisation is managed by a Board, which is comprised of members of both the Traveller and Settled communities. It is dealing with Treatment and Rehabilitation issues for those who have drug and alcohol issues, those who are in recovery and their families. The project is linked in with the wider work of Sligo Traveller Support Group, which aims to improve the quality of life for Travellers in Sligo by addressing accommodation, health, youth, childcare, education, training and employment needs and working to counteract the causes and effects of prejudice and discrimination.

The new broader community model provided 20 Traveller men with a programme of involvement in sports activities i.e. boxing and football. It promoted skills development with a carpentry programme facilitated by a member of the Traveller community and initial work was undertaken on the development of an equestrian/equine skills programme. Newly developed working protocols with probation officers, and community service clients and awareness raising on the impact of substance misuse was incorporated into the programme. As a result of this approach there has been more uptake in the skills based programme and interest in further programmes which will enable the programme to continue. There has been consistent involvement with programme activities particularly sport which promotes abstinence from substance use and acts as a diversion from involvement with substance use/misuse. Service users are more physically fit and more aware of the impact involvement in the sport and skills based programmes can have on their mental health. Service users have a more varied range of options to support and/or initiate their recovery.

NW23 Substance Misuse Worker for the Homeless

Action 32

This project operates as a Tier 2 project within the 4-Tier model approach. Services were provided to Homeless Substance Misusers, Substance Misusers at risk of Homelessness and those in Recovery. As part of its approach the project has linked with other agencies and organisations including: Sligo Borough Council; HSE Addiction Services, Mental Health Social Work team, Focus Ireland; Simon; St. Vincent de Paul; Probation Services; Sligo VEC; other NWRDATF projects; Men's Shed community project and Social Services internal staff among others.

The project attempted to deal with both the short and long-term housing needs of problem drug users through an inter-agency approach facilitated by Maryville Hostel staff's participation in the Sligo Homeless Action Team, subsequent referrals to the Substance Misuse Worker project and linkages with Focus Ireland and Simon. Delivery was based on a continuum of care and effective case management within the context of a quality standards framework.

The project participated in Sligo Social Services sub-group to develop a CE Drug Rehabilitation Programme, including recruitment of participants and their assessment and support. This work was undertaken in collaboration with the Department of Social Protection, HSE Charter House and the NWRDATF and provides a progression route for those in rehabilitation from substance misuse.

Action 44

The project addressed the needs of the Homeless and those who were at risk of Homelessness due to drug and alcohol misuse. 68 service users were targeted through contact work-ongoing. As a result their immediate needs were identified through informal engagement and regular access provided to basics e.g. meals/personal hygiene facilities. Service users increased their awareness of harms from their substance misuse and reduced their contact with emergency services (hospital/Gardaí) and their engagement in substance misuse behaviour. Engagement in key working and group working was identified as an outcome to maintain and build upon changes made by these service users where possible.

30 individuals engaged in key working. Through this longer periods of abstinence/controlled usages were achieved. There were increased links between participants and service providers and more connectedness to the local community. Individuals were supported in recognition of prior skills and learning new skills to facilitate personal or career aspirations. Service users improved their home management skills and their physical health and nutrition. They were able to reduce the impact of substance misuse [harm reduction model] and enjoy a safer life.

48 individuals took part in various group work programmes including: Housing Support, Gardening, Holistic Therapy, Basket Weaving, Gardening and Cookery. Through these programmes service users improved their basic life skills, timekeeping, attendance and ability to complete tasks. They learned how to plan, prioritise and resolve problems in a healthy way. They improved their ability to seek help and address issues independently. Service users' self-esteem increased along with their capacity to adapt to responsibility and stresses, value self-care, improve their interpersonal skills and demonstrate increased motivation. The importance of these group work activities to service users is reflected in the regular and some cases 100% attendance which was a feature of this part of the project's work.

NW25 Assertive Outreach Worker Donegal

Action 32

In 2016 the assertive outreach worker in Donegal targeted adult drug users over 18 by working with the client group in their own environment. NW25 encourages service users to participate in treatment and rehabilitation. This service provides a drop in service, within the community setting where the target group can gain access in a confidential and friendly environment. Providing sign posting to other supports including voluntary and statutory groups and other NWRDATF projects including Holistic Therapies.

The project continues to offer a 2-tier service offering choice and direct access to service provision feeding into all tiers and accepting referrals from all tiers.

One to one service user lead support: including individual assessment, care plan, and care plan review, in line with Soar Model, and NDRIC standards for drug and alcohol services within a multidisciplinary setting, using the Community Reinforcement Approach (CRA) and Community Reinforcement Approach Family Therapy (CRAFT).

Action 36

The project carries out a comprehensive assessment of needs with service users, which highlights early indicators of misuse / harm.

Action 41

Family supports are available on a one to one basis using CRAFT skills. The outreach worker and existing CDP staff and volunteers provide education, advice, and access to holistic services. In 2016 the project ran individual and group activities to encourage pro social behaviours in line with CRA, CRAFT: 6 subsidised sessions for a choice of Holistic Therapies throughout Donegal; Vouchers for Aura Leisure Centre; Biannual Open Mic session; Men's Shed Arts Crafts and up cycling activities. The outcomes of this is that service users have the skills and motivation to address drug and alcohol issues and work towards making a change in behaviour reducing the harmful effects of drugs and alcohol.

Category **	Project Code	Project Name
Treatment & Rehabilitation	NW4	White Oaks Rehabilitation Centre Donegal
	NW14	Holistic Therapy Service, Sligo
	NW15	Holistic Therapy Service, Leitrim
	NW18	Holistic Therapy Service, Donegal
	NW19	Assertive Outreach Worker, Sligo
	NW20	Traveller Men's Project, Sligo
	NW23	Substance Misuse Worker for the Homeless Sligo
	NW25	Assertive Outreach Worker, Letterkenny

4. Information in relation to governance of the NWRDATF:

- a) **An Operational Handbook:** is in place with a strong emphasis on additional governance. Additional sections include Media & Teleconferencing.
- b) **QuADS Policies & Procedures:** The staff team have completed the implementation of QuADS policies and procedures with all projects.

North West Regional Drug & Alcohol Task Force Members

NAME			SECTOR
1. Cllr	Rosaleen	O'Grady	Acting Chairperson
2. Mr	Stephen	McLaughlin	Voluntary Sector – White Oaks, Donegal
3. Ms	Mary	Taylor	Voluntary Sector – Chairperson Leitrim Committee
4. Ms	Christina	McTaggart	Voluntary Sector – Sligo Social Services
5. Ms	Lorraine	Thompson	Voluntary Sector - Donegal Youth Service
6. Mr	Gary	Glennon	Voluntary Sector – Letterkenny Youth & Family Service
7. Ms	Susan	McLoughlin	Voluntary Sector - Foroige Donegal
8. Ms	Patricia	Lee	Voluntary Sector- Chairperson Donegal Committee
9. Cllr	Justin	Warnock	Public Rep - Leitrim
10. Cllr	Jerry	Lundy	Public Rep - Sligo
11. Cllr	Frank	McBrearty	Public Rep - Donegal
12. Mr	Damien	Willis	Statutory Sector - Sligo County Council
13. Supt	Mary	Murray	Statutory Sector - Garda Siochana
14. Ms	Anne	Duke	Statutory Sector - Probation & Welfare
15. Mr	Martha	McNulty	Statutory Sector – Revenue Commissioners
16. Ms	Patricia	Garland	Statutory Sector – HSE West
17. Mr	Trevor	Sweetman	Statutory Sector – Mayo, Sligo, Leitrim ETB
18. Ms	Bernadette	Maughan	New Communities- Sligo Travellers Group
19. Mr	Kieran	Doherty	Special Interest Groups –Alcohol Forum
20. Mr	Patrick	Benson	Community Sector - Sligo
21. Dr	Parvez	Butt	Community Sector - Sligo
22. Ms	Mary	McKiernan	Community Sector – Leitrim
23. Mr	Francie	Gilmartin	Community Sector - Leitrim
24. Ms	Shauna	Tynan	Community Sector – Donegal
25. Mr	Siobhan	McLaughlin	Community Sector - Donegal



Northwest Regional Drug & Alcohol Task Force

NWRDATF Executive Committee Members

1.	Rosaleen	O'Grady	Independent	Interim Chairperson
2.	Trevor	Sweetman	Statutory	Mayo, Sligo, Leitrim ETB
3.	Kieran	Doherty	Special Interest Group	The Alcohol Forum
4.	Jerry	Lundy	Public Rep	Sligo
5.	Patricia	Garland	Statutory	HSE Representative – Sligo/Leitrim
6.	Christina	McTaggart	Voluntary Sector	Voluntary Representative – Sligo
7.	Sean	O'Connor	NWRDATF Coordinator	NWRDTF

NWRDATF Treatment & Rehabilitation Sub group Members

1.	Cora	McAleen	Statutory	HSE
2.	Bernadette	Maughan	Voluntary	Young Men's Programme. (Sligo Traveller Support Group)
3.	Anne	Duke	Probation Service	Sligo
4.	Mark	Askey	Assertive Outreach	Sligo Northside
5.	Leonard	Taylor	Voluntary	Substance Misuse Worker
6.	Dermot	McDonough	Voluntary	White Oaks Rehabilitation Centre
7.	Sean	O'Connor	NWRDATF Coordinator	NWRDATF
8.	Lorna	Curry	Development Worker	NWRDATF Sligo, Leitrim, West Cavan
9.	Sean	McGrory	Jigsaw	Letterkenny
10.	Angela	Maguire	De Exeter House	Donegal
11.	Matthew	Halligan	Living Wheel	Living Wheel System – Managing Change
12.	Martin	McFadden	Friends of the Bill W Club	Donegal
13.	Mary	Vernon	Outreach Worker	Letterkenny
14.	Patricia	Foley	Rushelodge Treatment Centre	Leitrim
15.	Martin	Jones	HSE West	Sligo
16.	Amanda	Hamilton-Foley	Friends of the Bill W Club	Donegal

NWRDATF Education and Prevention Sub Group Members

1.	Christina	McEleney	NW Education Plan	Donegal VEC
2.	Paddy	Muldoon	Statutory	VEC Donegal
3.	Anne	Timoney Meehan	Voluntary	The Alcohol Forum
4.	Cara	Currid	Voluntary	Foroige, Donegal
5.	Lorraine	Thompson	Voluntary	Donegal Youth Service
6.	Eimear	O'Connor	Foroige	Donegal
7.	Sean	O'Connor	NWRDATF Coordinator	NWRDATF
8.	Tracey	Mitchell	Development Worker	NWRDATF Development Worker, Donegal
9.	Eimear	O'Connor	Voluntary	FORIOGE
10.	Charlene	Haughey	Jigsaw	Donegal
11.	Paula	Leonard	Donegal Travellers	Letterkenny
12.	Annemarie	Regan	Foroige	Sligo
13.	Cllr	Jerry Lundy	Public Representative	Sligo

NWRDATF Ltd – Directors

1.	Loman	Conway	Independent	Chairperson
2.	Mary	McKiernan	Community	Leitrim Community Forum
3.	Cllr Rosaleen	O'Grady	Public Rep	Sligo
4.	Bernadette	Maughan	New Communities	Sligo

No of Task Force Meetings held per annum: 6

No of Subgroups Meetings: 3

No of meetings held per annum in total: 9

- *Executive Committee:* 5
- *Treatment & Rehabilitation sub Committee:* 5
- *Education & Prevention sub Committee:* 5
- *NWRDATF Plc* 1
- *Project Evaluation Sub Committee* 2

A set of audited accounts in relation to public expenditure directly by the NWRDATF in 2016, including a statement of funding from the Department and a statement of any other public funding directly expended by the DATF (completed).

A list of the staff of your Task Force, including:-

- **Job titles**
- **Functions**
- **Pay Rates**
- **Source of funding**
- **Employing authority**

1. Job Title: Coordinator – Sean O'Connor

Function: The Coordinator, in conjunction with the RDATAF and its Chairperson, plays a pivotal role in assisting the Task Force in developing and implementing its regional drug strategy. This necessitates him taking a pro-active role in driving the work of the Task Force and managing its day-to-day operations.

Rate of Pay: The Salary scale for the post is: €47,015- €57,234 (€59,322; €61,417 Long Service Increments)

Source of Funding: Health Service Executive

Employing Authority: Health Service Executive

2. Job Title: Development Workers (2): Lorna Curry, Sligo/Leitrim and West Cavan, Tracey Mitchell - Development Worker, Donegal

Functions: To assist the Task Force in developing and implementing its regional drug strategy. The Development Worker has a vital role in developing and supporting community based projects and facilitating interagency work. The core function of these posts is to support and contribute to the work of the RDATAF through project support, support of community/voluntary reps, and policy development.

Rates of Pay: Part time HSE Clerical Grade V: €24,160

Source of Funding: Dept of Health

Employing Authority: NWRDATAF Plc

3. Job Title: Administrator, Maev Gallagher

Function: to provide financial and general administration and secretarial support in relation to the operation of the NWRDATAF.

Rate of Pay: Full Time HSE Clerical Grade IV: €31,996

Source of Funding: Dept of Health

Employing Authority: NWRDATAF Plc

Appendix 1

1. Treatment & Rehabilitation subgroup submission - New National Drug Strategy
2. National Community Action on Alcohol Action Plan – NWRDATF 2016
3. Research and Evaluation Report on NWRDATF Projects - Crowe Horwath 2016
4. Operational Handbook RDATF 2016
5. 2016 Training Calendar



Feidhmeannacht na Seirbhíse Sláinte
Health Service Executive